

# Scaffolding Training



**Please  
Turn off  
your cell  
phone  
Thank You!**



**NCC HSE Department Riyadh**

**Worldwide Safety Awareness**

HSE Project Lead:  
Chaudhry Zulfikar Haider Warrach

# Advance Scaffolding

Objective

Regulations

PPE

Accident Prevention

General Scaf Safety

Manual Handling

Recovery Time

Scaf. Hazards

Workers Protection

Scaffold Introduction

Definitions

Inspection

Modern Alternatives

Scaffolds Components

Materials loading

Common Faults in Tubes

Scaf Boards

Foundations

PFAS

Q & A

HSE Project Lead:  
Chaudhry Zulfikar Haider Warrach

# What is Scaffolding ?

An Elevated  
Temporary  
Working Platform



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Chaudhry Zulfiqar Haider Warraich

# Applied Standards

- Knowledge about Rules and Regulations
- International Regulations
- Country Rules and Regs
- Company Rules and Regs / Procedures



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Chaudhry Zulfiqar Haider Warrach

# Applied Standards

- British Standard (BSI )
- BS 5973 : 1993
- December : 2010
- January 2011 : BS EN 12811
  
- OSHA Standard : USA
- [www.osha.gov](http://www.osha.gov)



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Chaudhry Zulfiqar Haider Warraich

# Who is a Scaffold Operator ?

A Competent worker who perform scaffolding erection and dismantling job.

- Erection
- Dismantling
- Storage etc,



**Note:** Only a Competent Scaffolding operator can perform the scaffolding job

# Competent Person ?

## Qualified

(Trained & Experienced)

## Authorised

(A Person having relative authority to perform the job)



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## Qualities of a Good Scaffolding Operator ?

- Qualified and Authorised
- Knowledge about Rules and Regulations
- Erection and Dismantling
- Scaffolding Components
- Use of Scaffolds
- Types of Scaffolds
- Standard Materials
- Risk Assessment



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## Qualities of a Good Scaffolding Operator ?

- TBT / Job Brief
- Planning
- General Safety Rules
- House Keeping
- Manual and Mechanical Handling
- Materials Estimation
- Scaffolding Inspection
- Reporting of Incidents
- PTW



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# USES OF SCAFFOLDS

## ➤ Use of Scaffolding

- Working Platform
- Loading Platform
- Lifting Frames (Material)
- Lifting Frames (Persons)
- Supporting Structures
- Access Tower
- Storage Purpose
- Bridges
- Cable Crossing over (Roads etc)



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# Types of Scaffold

## ❖ By Material

(Steel, Aluminium, Wood)

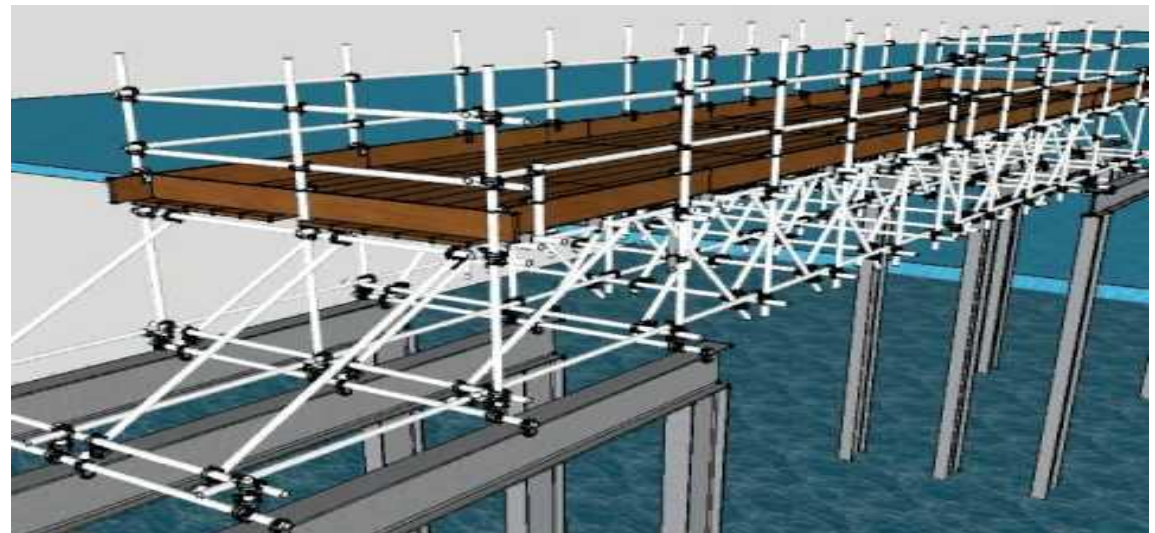
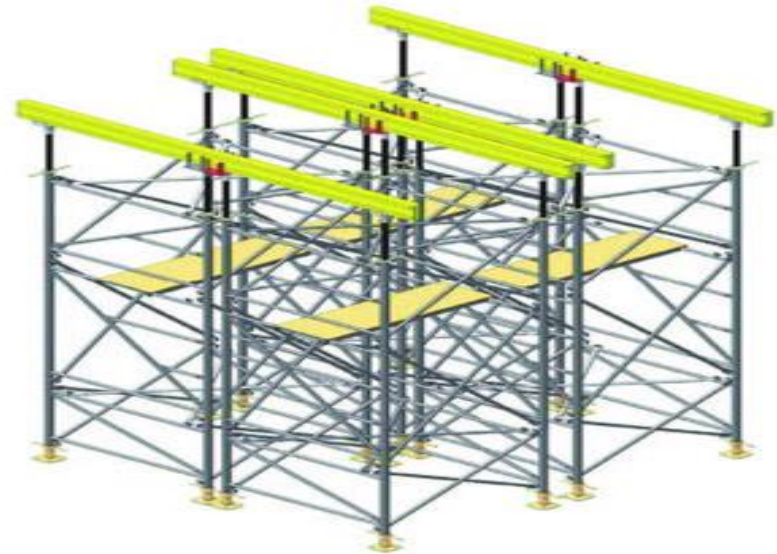
## ❖ By Weight

(Light, Medium, Heavy, Special )

## ❖ Basic Erection Design

(Supported, Independent, Suspended / Hanging)

## ❖ Manufacturer Design



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# Types of Scaffold

## Types of Scaffolding (Manufacturer Design Name)

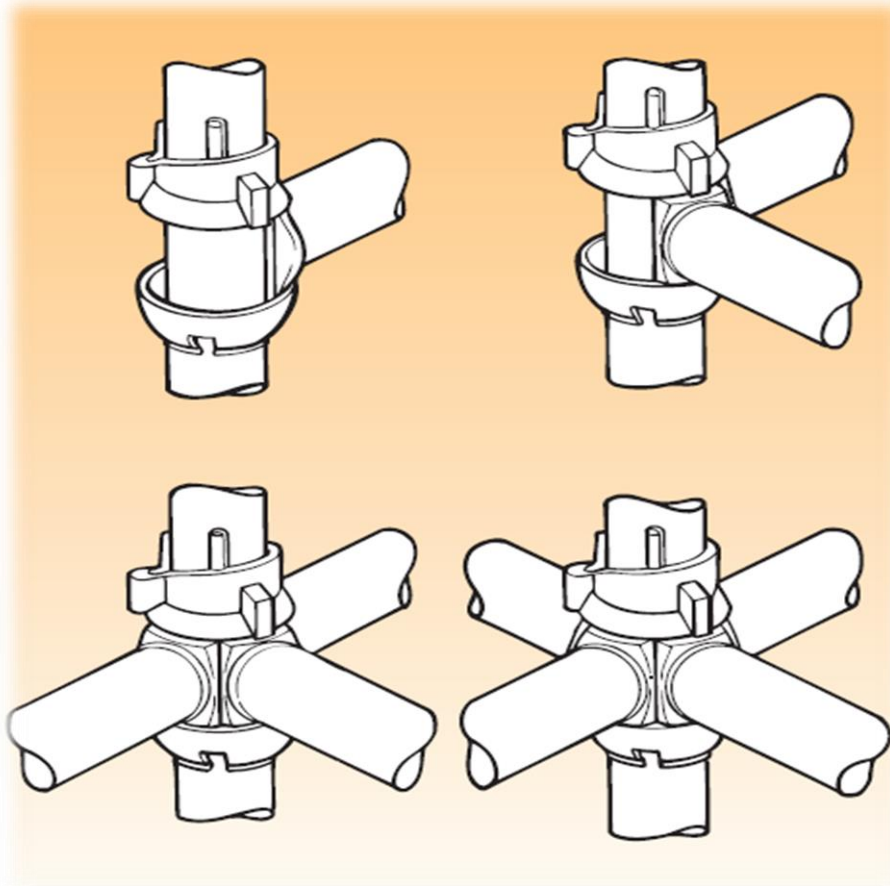
There are many types but some of them mostly in common use are;

- Tube and Coupler System Scaffold
- Tube and Cup lock System Scaffold
- H Type Frame (Readymade Scaffold)
- Kwick Type System Scaffold



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# Tube and Cup lock System Scaffold



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# Tube and Cup lock System Scaffold



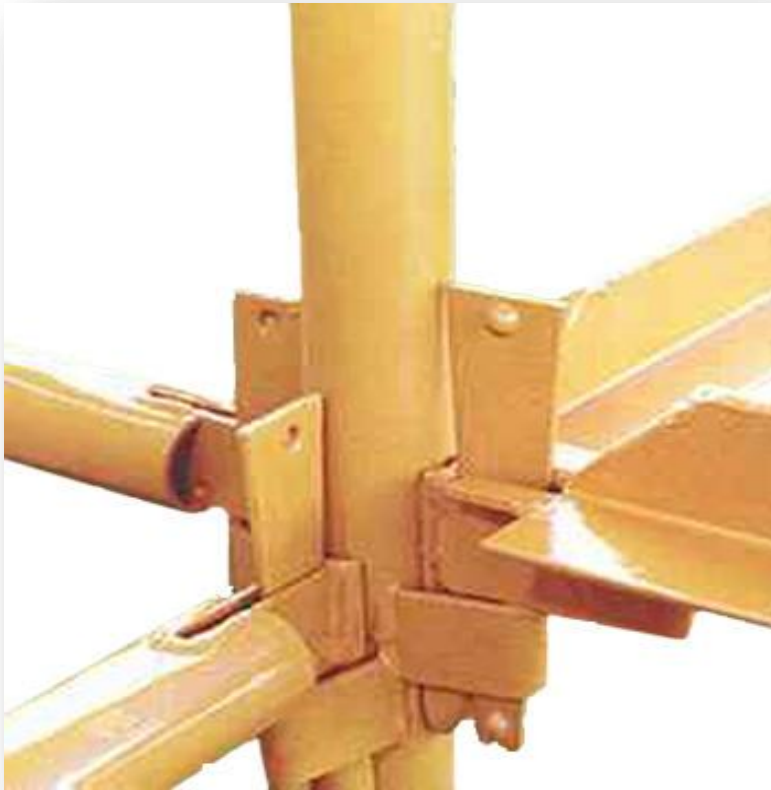
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# Tube and Coupler System Scaffold



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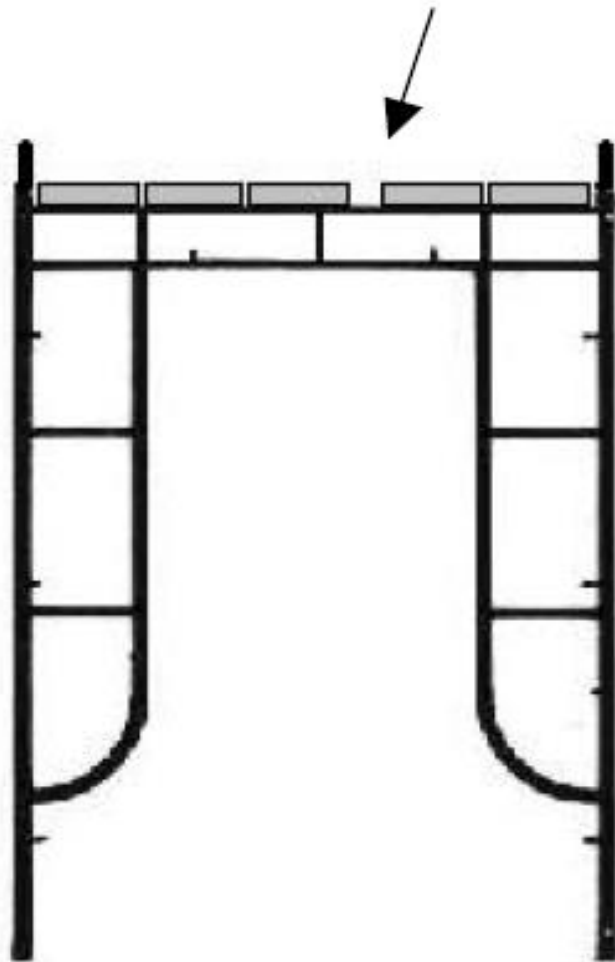
# Kwick Stage System Scaffold



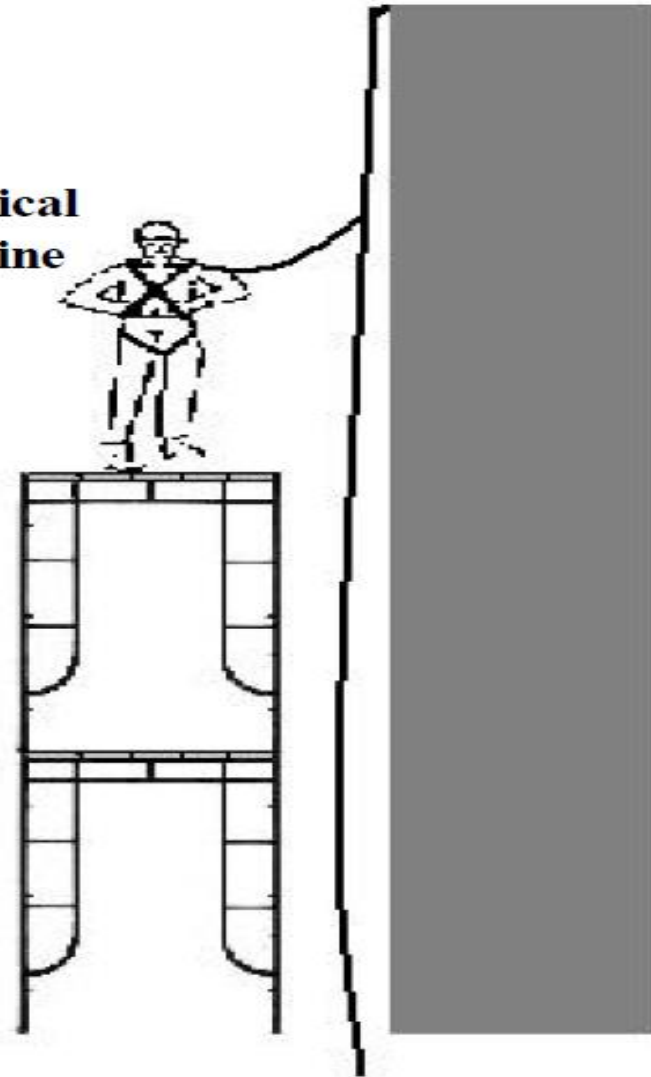
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# H Type of Readymade System Scaffold



**Vertical  
Lifeline**



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## H Type Frame System Scaffold (Readymade Scaffold)



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# Types of Scaffolding

## Types of Scaffold by Weight as per BSI 5973

- Light duty - 150kg/m<sup>2</sup>
- Medium duty - 200kg/m<sup>2</sup>
- Heavy duty - 250kg/m<sup>2</sup>
- Special purpose - \_\_\_\_kg/m<sup>2</sup>



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# Scaffolding Tag



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Scaffolding Manager

Scaffolding Eng

Scaffolding Inspector

Supervisor

Supervisor

Scaffolding Inspector

Charge Hand

Charge Hand

Team Leader

Team Leader

Workers 20 (A)

Workers 20 (A)

Workers 20 (B)

Workers 20 (B)

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# Personal Protective Equipment Cont.

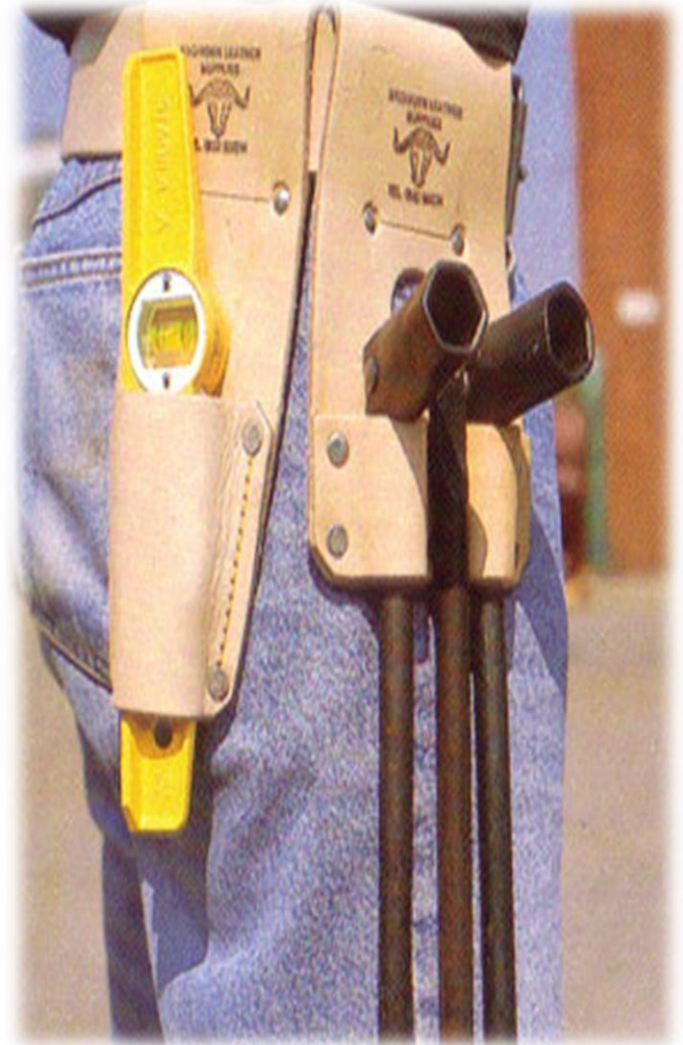
- Safety **gloves**, leather
- Safety **climbing** helmet
- Safety **boots/shoes with** steel toe-cap
- **Coveralls**, 100% cotton, long sleeve



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# Personal Protective Equipment Cont.

- **Ear protection**, when required
- **Safety spectacles** (clear/shaded)
- **Tool pouch** with appropriate tools
- **Fall protection**, **safety harness** or/and fall arrestor



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# Tools

- Spanner
- Leveller
- Hammer
- Saw (Wood Cutter )
- Rope
- Measuring Tape
- Nails
- Wire Cutter





# Tools

- Spanner
- Normally 21 mm and 22 mm spanner is used.



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# Tools

- Leveller



- Wire Cutter



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# Tower scaffolds

## ➤ Uses of Scaffolding Towers

- Electric Wiring
- AC Ducting
- Interior Decoration
- Painting
- Ceiling works
- Storage Purpose
- Supporting Structure



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# Tower scaffolds



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# ERECTION AND DISMANTLING

- User manuals
- Which include
- Sequence of erection and dismantling
- Bracing
- Stabilizing requirements
- Ratio 1:4
- PFAS (Life Line, Fall arrestor )
- Raker System



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# ERECTION AND DISMANTLING

- User manuals
- Which include
- Sequence of erection and dismantling
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- Ratio 1:4
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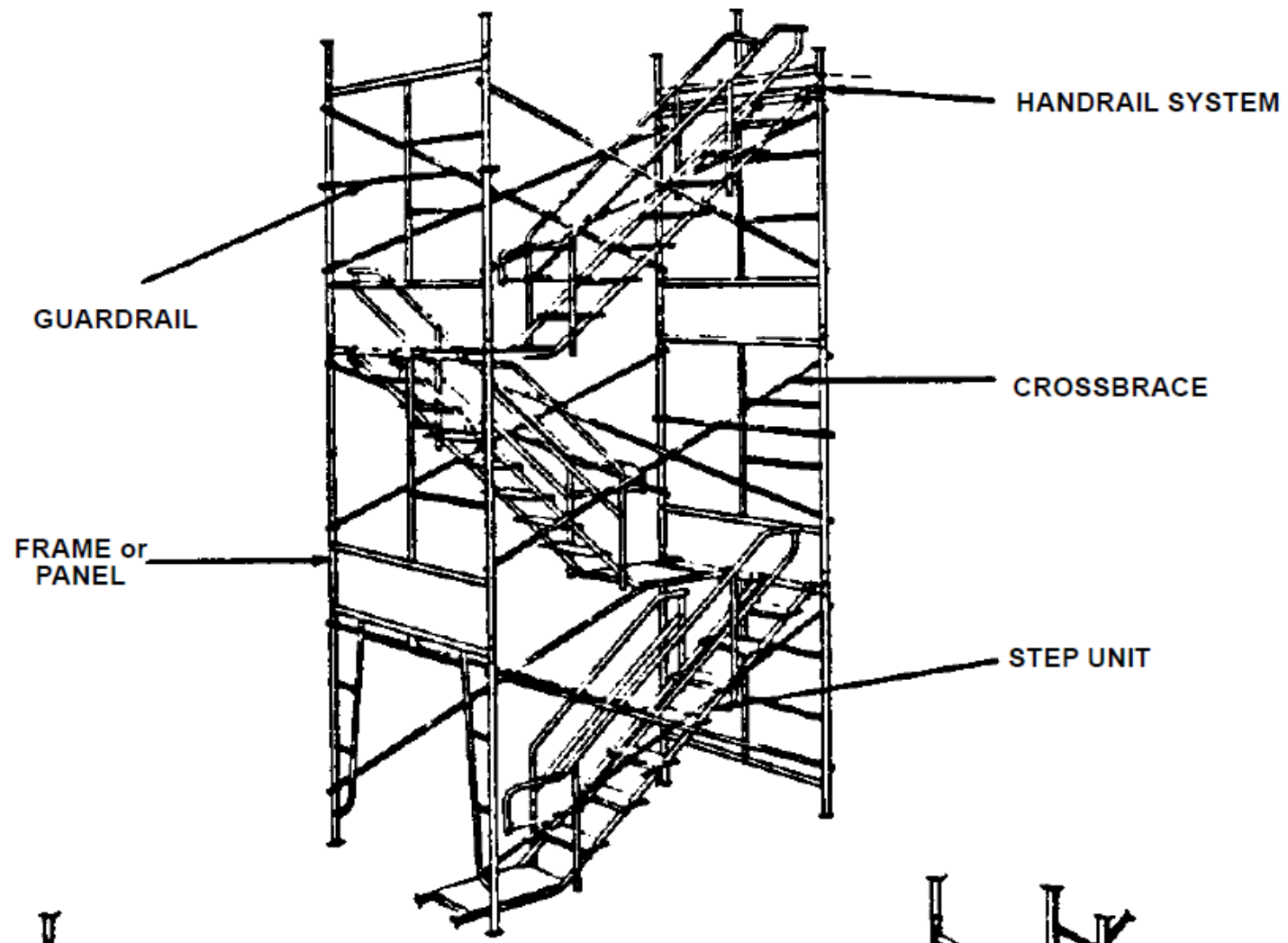
# HAZARDS IN SCAFFOLDING TOWERS

- Overturn
- Material Fall
- Planks breakage
- Personal Fall
- Electrocution
- Incompatible Components



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# Fabricated Frame Scaffold



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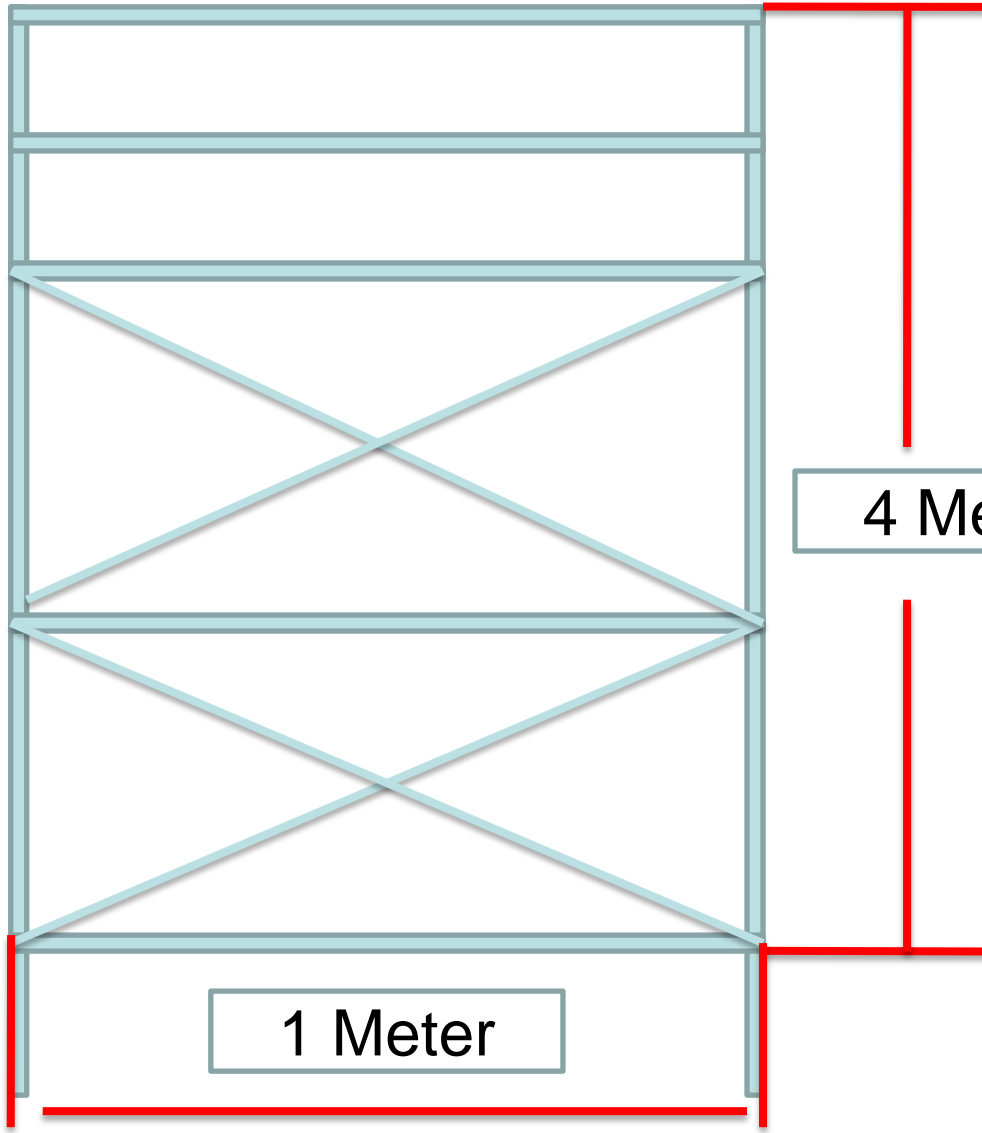


# Fabricated Frame Scaffold

- Rakers 4 sides
- ladder to be opposite sides



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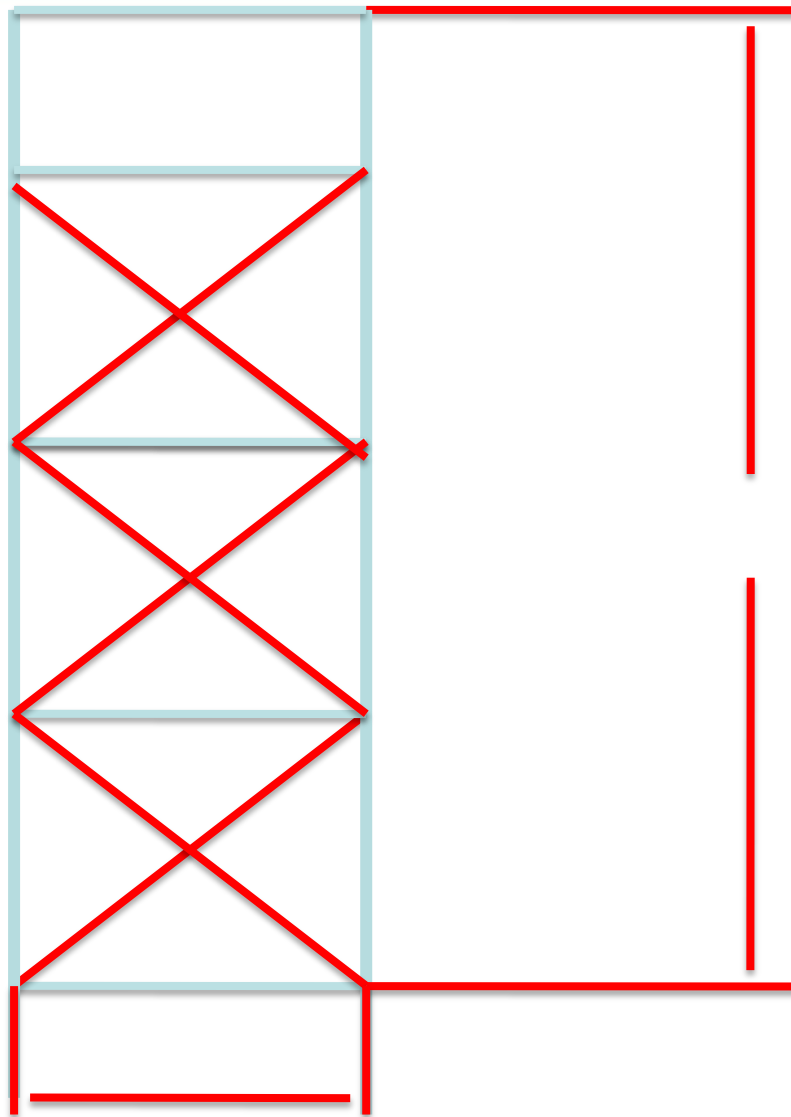


Inside Building

4 Meter

Stationary Internal independent Tower 10.8 Meter

Ratio : 1: 4



Outside Building

Stationary External  
independent Tower  
9.45 Meter

Ratio : 1: 3.5

# Tube and Fitting Scaffolding

## ● Consists of 6 Parts:

### 1. **Tubes:**

- To make the framework of the scaffolding

### 2. **Couplings / Couplers**

- To connect the tubes together
- **Load bearing** and **non** load bearing

### 3. **Floor boards/ Scaffolding Boards**

- Make the work-platform/sole-boards/toe board

### 4. **Foundation:**

- A safe footing for the scaffolding

### 5. **Access** : Ladder / Staircase etc.

### 6. **Working Surface(s) / Working Platform**

- From which the workers will carry out their work



# Fixed / Right Angle / Double Coupler

**Component Weight : 1025 grams**



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# Scaffolding Components

- Swivel Couplers



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# Capacities of Components

- **MTDS**
- **MANUFACTURER TECHNICAL DATA SHEET**
- **MPDS**
- **Material Property Data Sheet**
- **References**
- **BS 1139 (Tubes)**
- **BS EN 74 (Couplers)**
- **BS 2482 (Scaffolding Boards)**

# BS 5973 1991

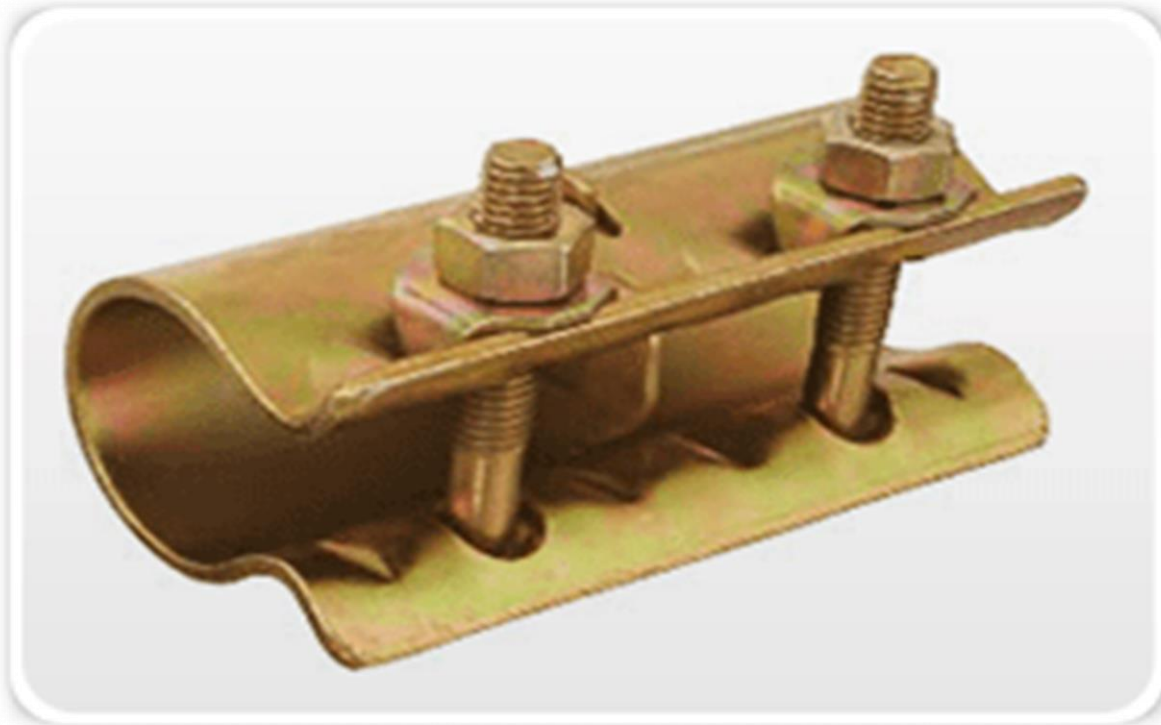
BS 1139	Type of fitting	Type of load	Class	Safe working load
Part 2:1982	Right angle coupler Double Coupler	Slip along a tube		6.3 kN or 630 Kg
Section 2.1:1991	Right angle coupler Double Coupler	Slip along a tube	B	9.4 kN or 940 Kg
Part 2:1982	Swivel coupler	Slip along a tube		6.3 kN or 630 Kg
Section 2.1:1991	Swivel coupler	Slip along a tube	A	5.3 kN or 530 Kg
Part 2:1982	Sleeve coupler	Tension		3.0 kN or 300 Kg
Section 2.1:1991	Sleeve coupler	Tension	A	1.5 kN or 150 Kg
Part 2:1982	Sleeve coupler	Bending		0.79 kN ma
Section 2.1:1991	Sleeve coupler	Bending	B	0.59 kN ma

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# Sleeve Coupler

- Used to connect two tubes in horizontal or vertical also making a fence or guardrails.
- Weight : 1150 Grams



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# Joint Pin Coupler

- Used to connect two tubes in horizontal or vertical also making a fence or guardrails.
- Weight : 900 Grams



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# Putlog Coupler / Single

- Used to connect two Scaffold tubes at 90°
- Used to connect toe boards with standard (as shown in picture)
- Weight : 700 Grams



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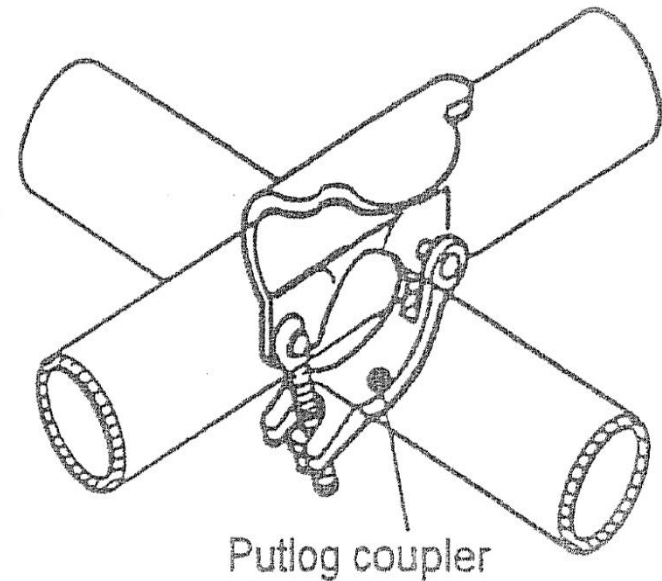
## Toe boards Connected with standard



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# Putlog Coupler

- Used to connect intermediate transom to ledger at right angle



# Ladder Clamp

- Used to connect ladder to the support tube in scaffolding



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# Scaffolding Couplings

- **Girder Coupler:**
- For connecting scaffold tubes to “H” girders (RSJ’s)
- Units must fixed to girders in **pairs**
- Refer to manufacturers recommendations for **loading**
- **SWL** when used in **pairs**, is 1.25 tons



# Gin Wheel

- Used to **raise** and lower components and materials to a scaffold structure
- **SWL** 100kg, or otherwise **stamped** on the frame,
- Secured in-place with two **single** couplers
- Use only **approved** ropes for hauling purposes



# Board Retaining Coupler (BRC)

- Used to connect two Scaffold Boards with the Tubes
- Weight : 600 grams



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# Castor Wheel

- The diameter of the wheel of the castor shall be not less than 127 mm.
- The castor shall have a wheel brake.
- The Minimum resistance to vertical load of not less than 7.2 kN.



# Scaffolding Tubes

Three main types of tubes are in common use.

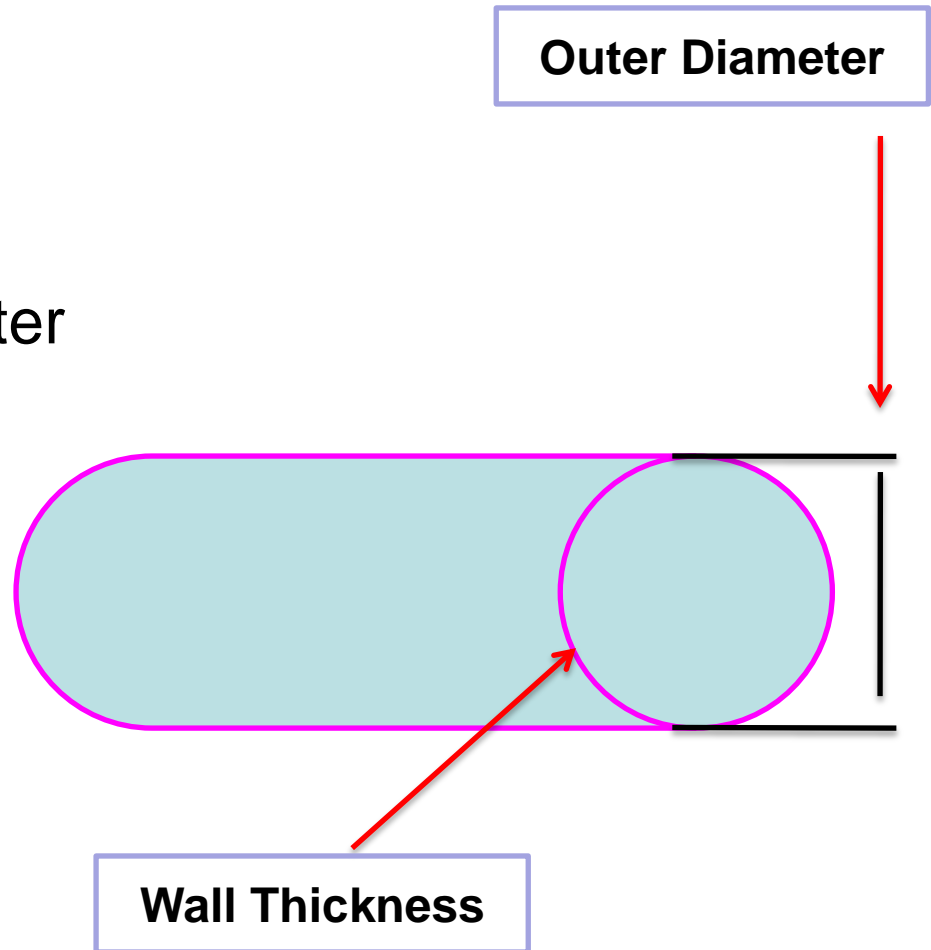
- Black steel tubes
- Galvanized steel tubes.
- Aluminum alloy tubes.

Note: All Tubes have same diameter

**Outer diameter : 48.3 mm**

**Walls thickness : 4.0 mm**

**Weight : 4.4 kg / Meter.**



# Scaffolding Tubes

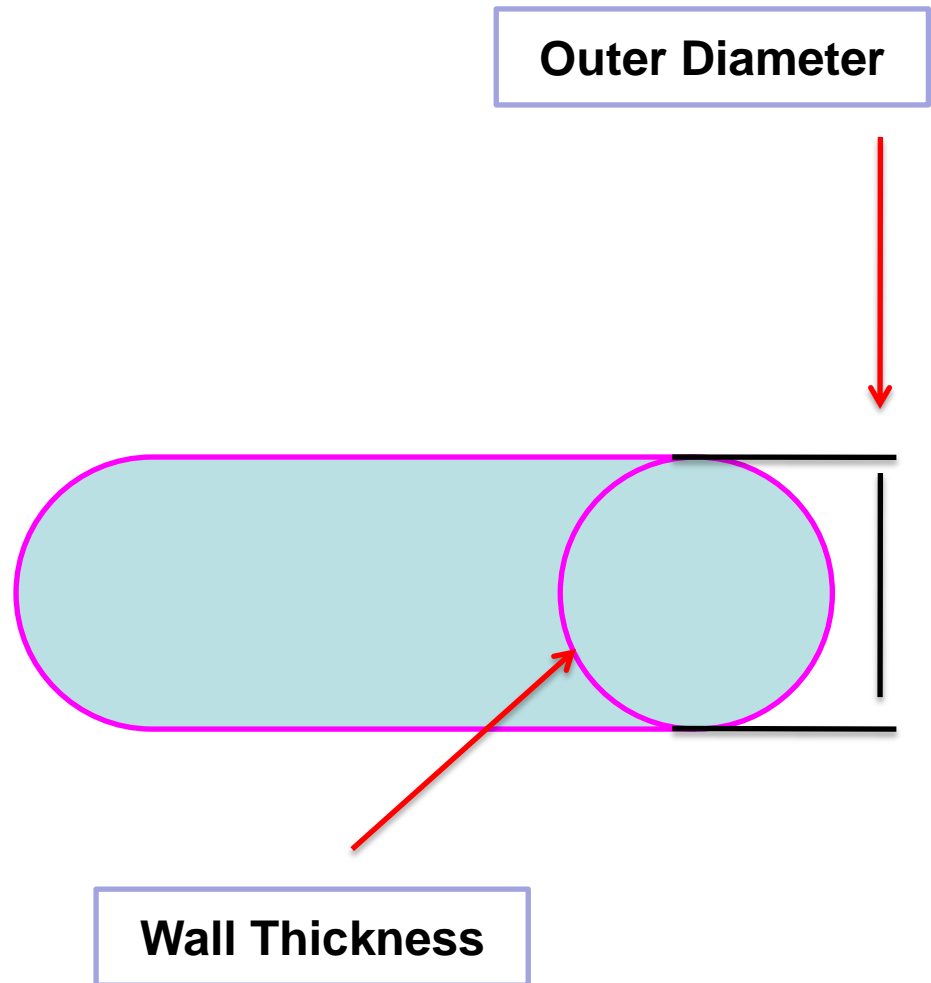
- Galvanized steel tubes.

**Outer diameter : 48.3 mm**

**Walls thickness : 3.2 mm**

**Weight : 3.56 kg / Meter.**

Reference : BS 6323



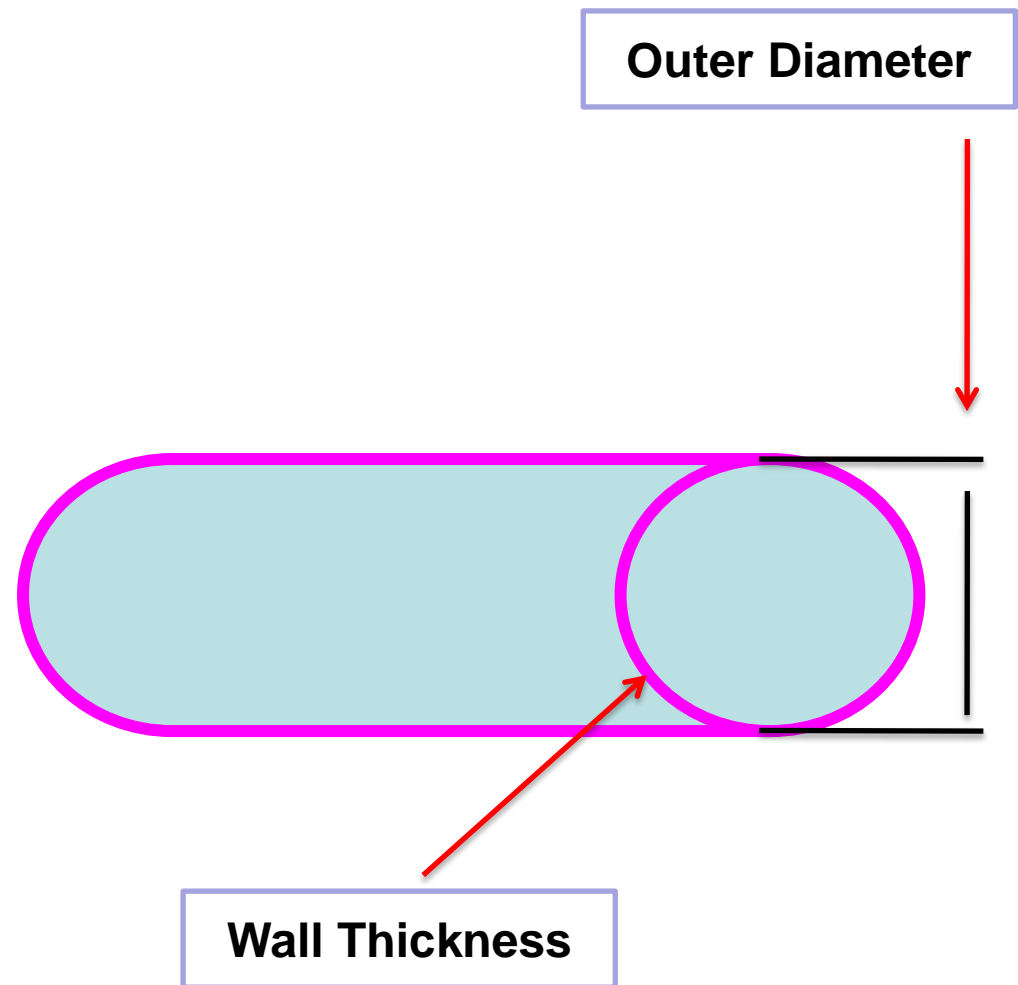
# Scaffolding Tubes

- **Aluminum alloy tubes.**

*Outer diameter : 48.3 mm*

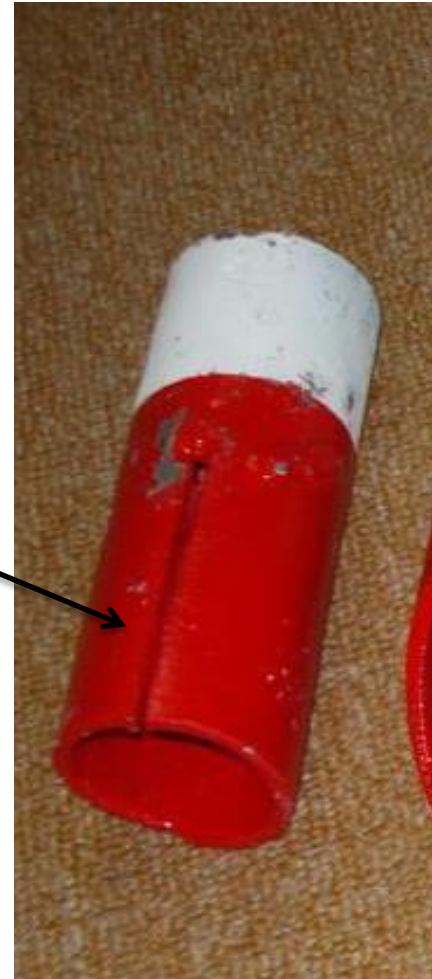
*Walls thickness : 4.5 mm*

*Weight : 1.7 kg / Meter.*



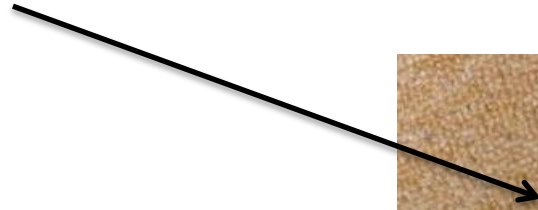
# Scaffolding Components

**Free from:**  
**Splits**



# Scaffolding Components

Bad dents



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# Scaffolding Components

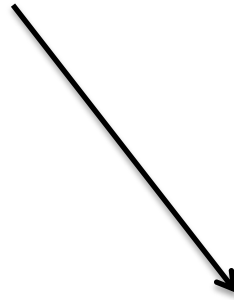
- Mushroomed head





# Scaffolding Components

- Sharp Point/Edges



# Scaffolding Components

- Excessive corrosion



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# Scaffolding Components (Boards)

- Usually the boards are made up of wood called “TIMBER” that is why it is called “Timber Boards”

**Length: 3.90 M**

**Width : 225 mm ( 22.5 Cm )**

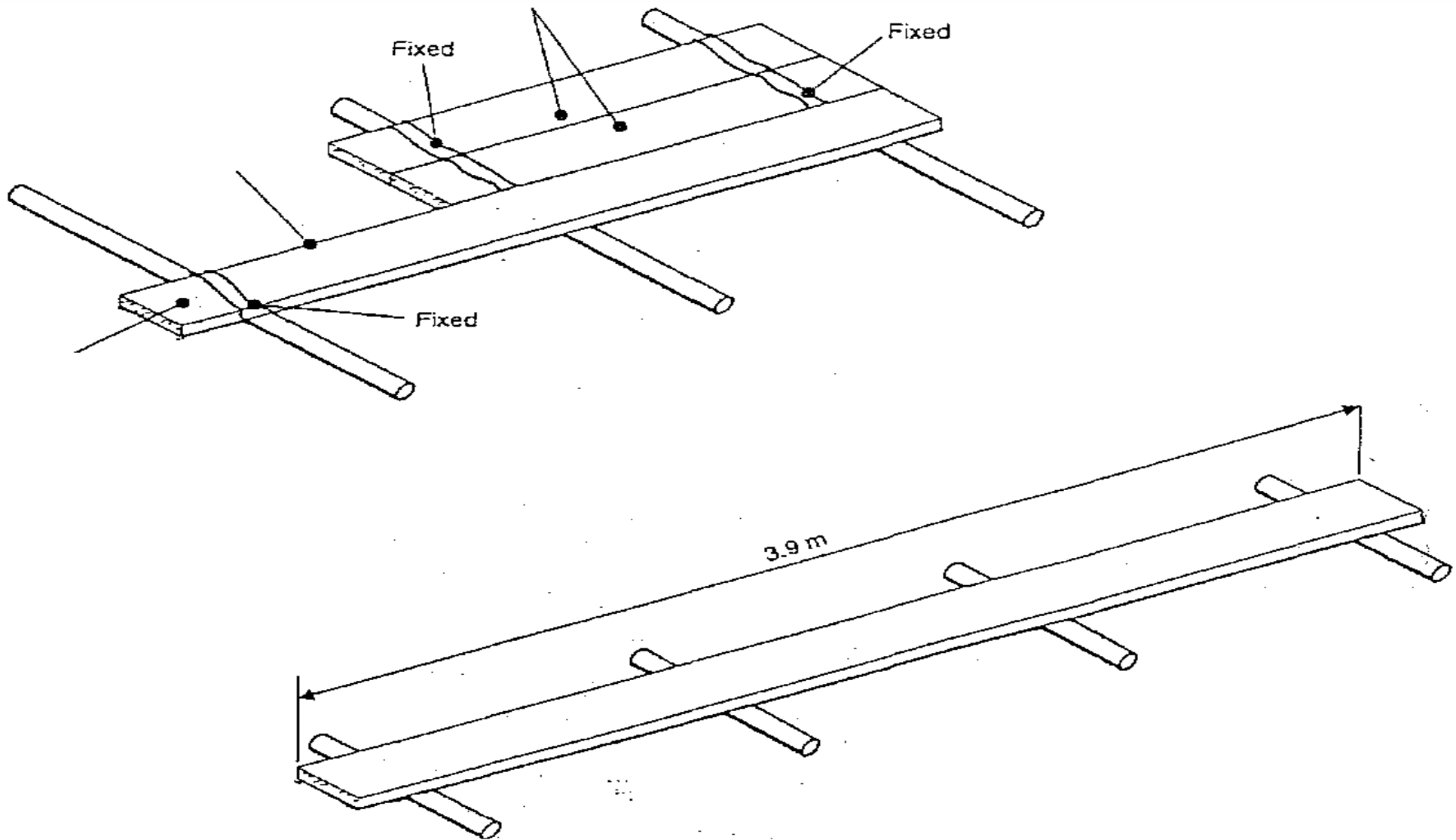
**Thickness : 38 - 50 & 63mm**

**Note: Scaffolding Boards should Comply  
BS 2482 : 2009**



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# Scaffolding Components (Boards)



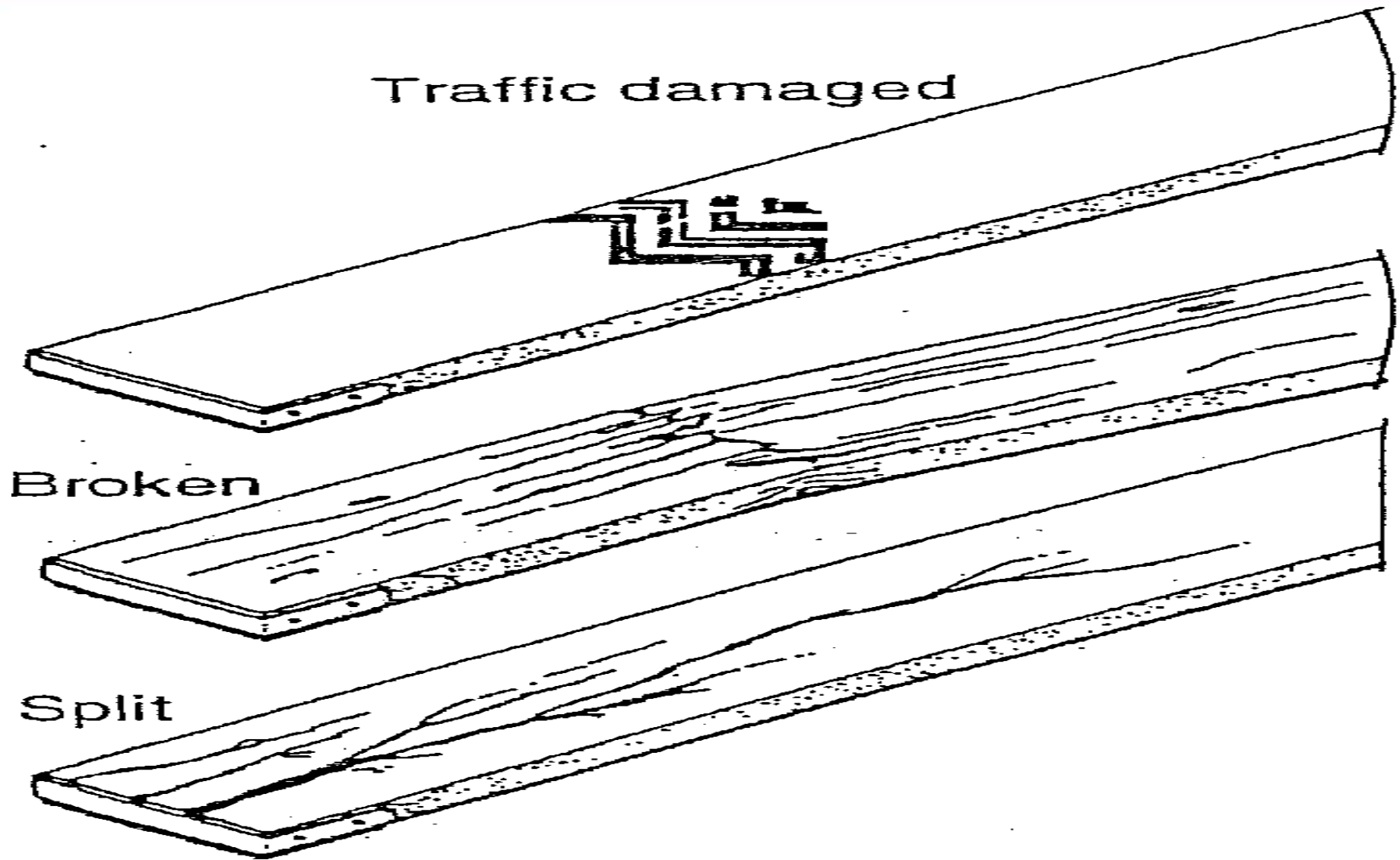
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# What is wrong here?



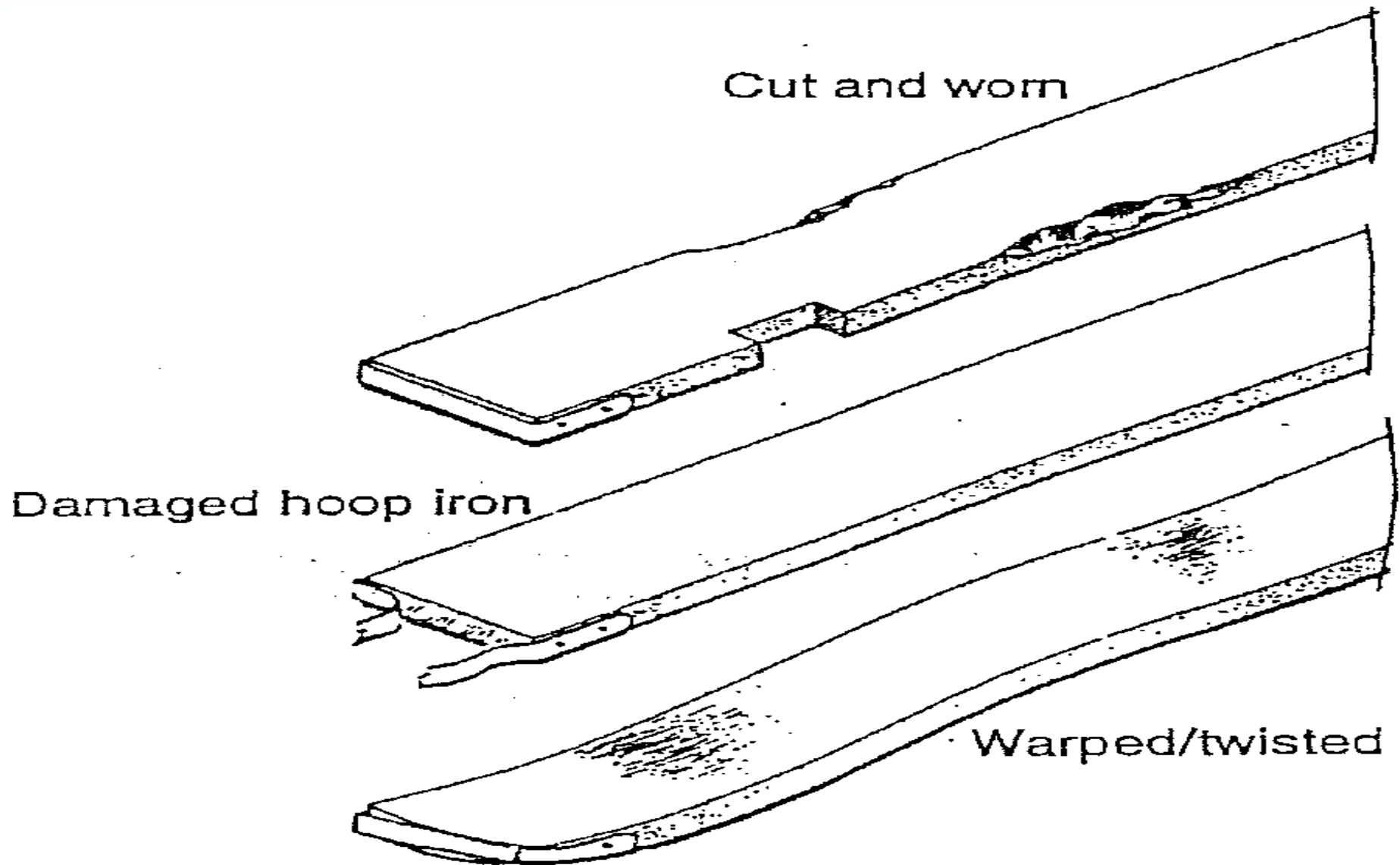
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# Common faults in Scaffolding boards



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# Common faults in Scaffolding boards



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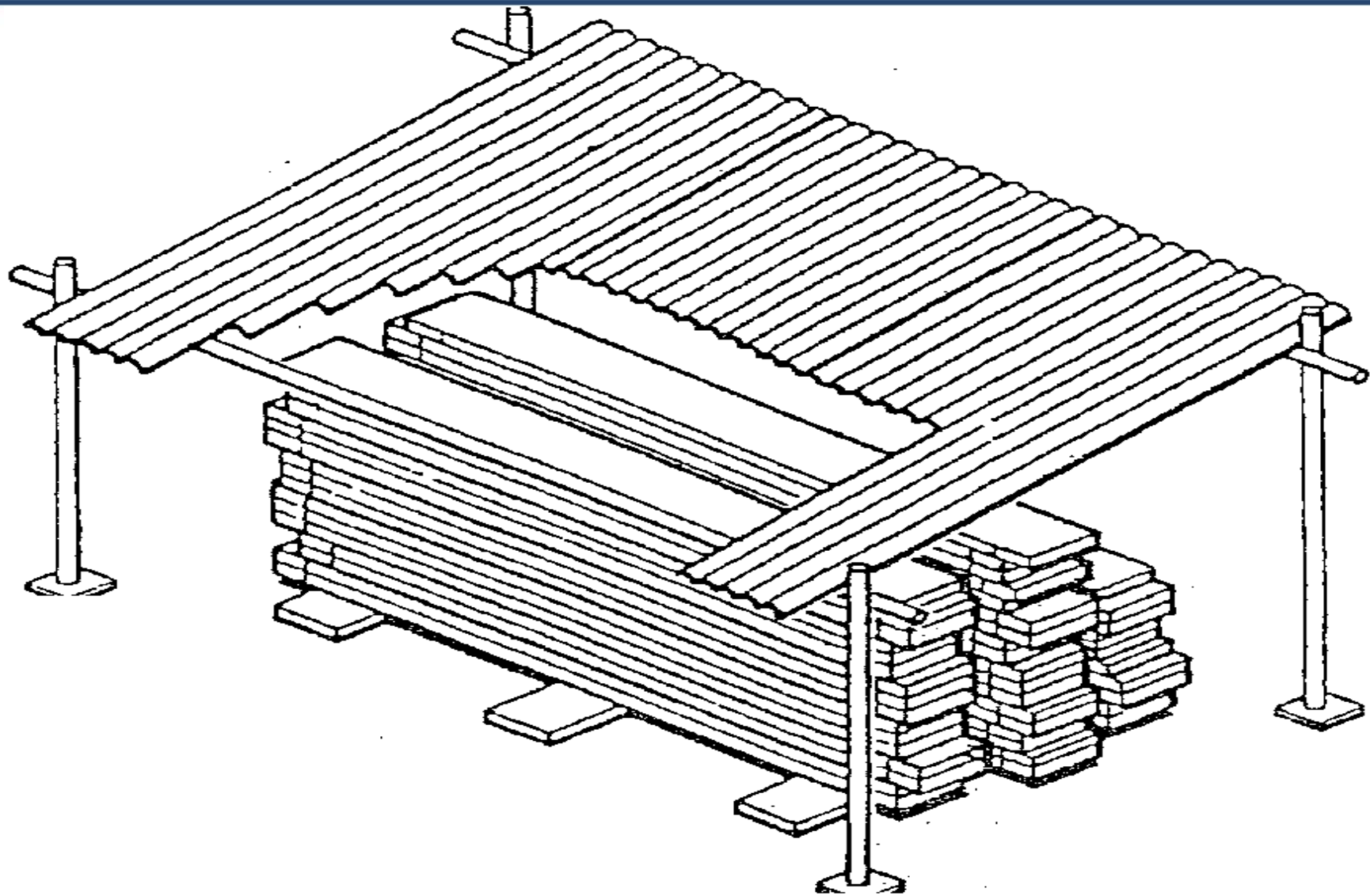
# Common faults in Scaffolding boards



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# Storage of Scaffolding boards



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# Scaffolding Sole Boards

**What is Wrong here ?**



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# Sequence of Erection

## Level the foundation



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# Sequence of Erection

**Base Jack**

**Sole Board**

**Base Plate**



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# Sequence of Erection

**Shank**



**Base Jack**



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# Sequence of Erection

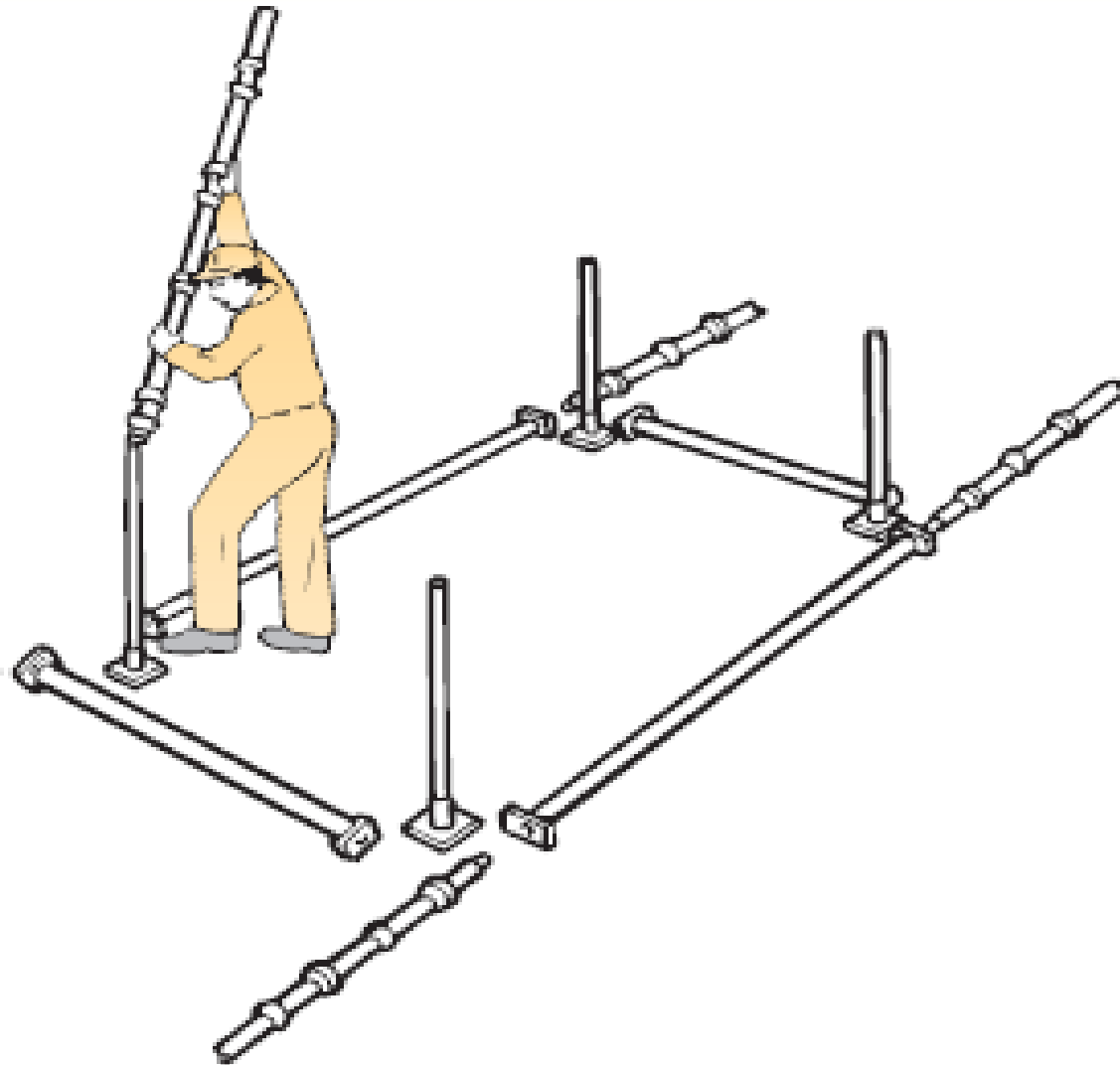
## Scaffolding Standards

- Carry the entire weight of the scaffold, and should be very carefully **spaced**
- This dimension should be **measured** and maintained, in accordance with the requirements of the design
- **Subject to a maximum total deviation of 50mm**



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# Sequence of Erection



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# Sequence of Erection

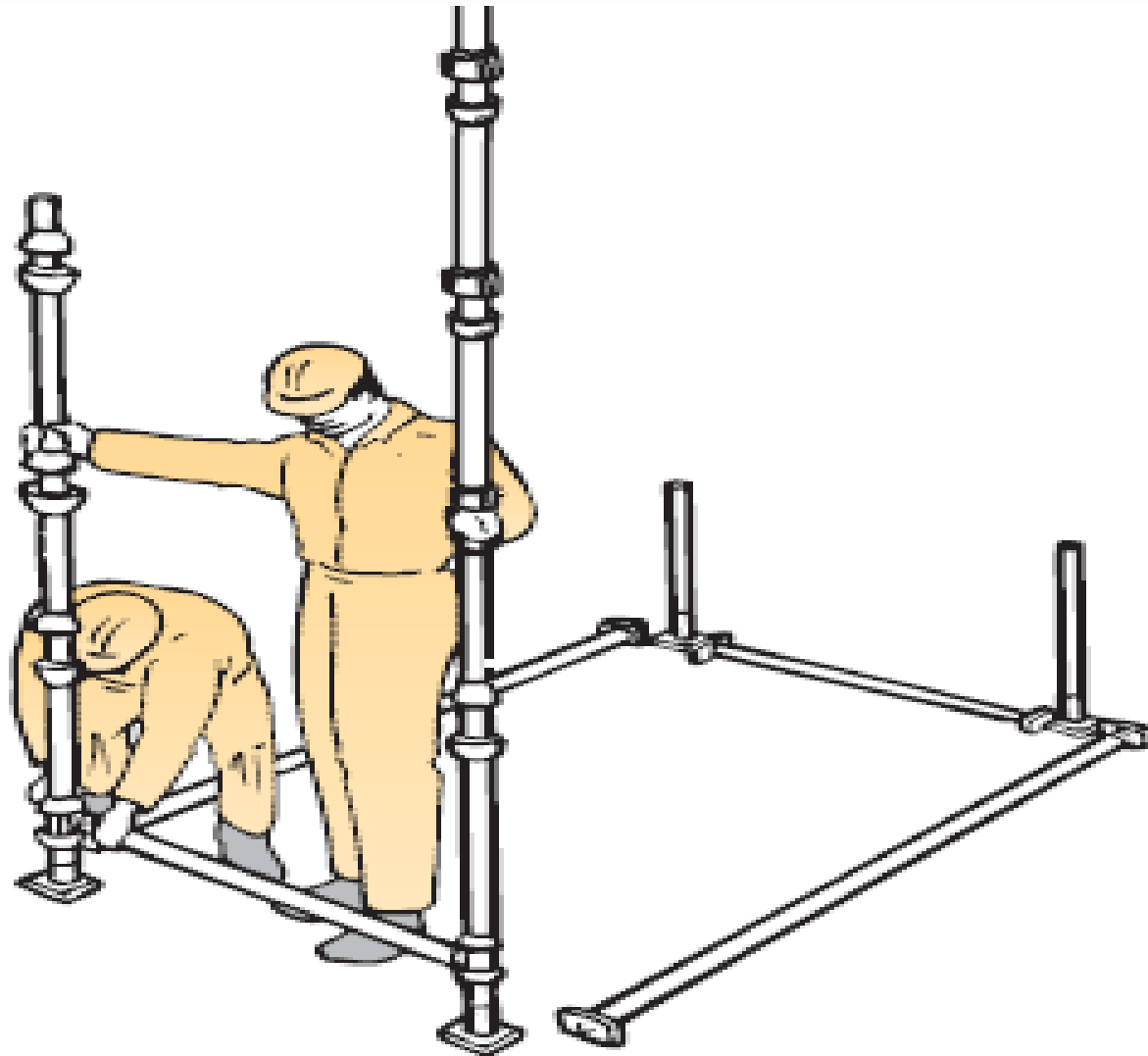
**Ledger**



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# Sequence of Erection



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# Sequence of Erection

**Main transom should be installed above the ledger.**



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# Sequence of Erection

Putting the main transom on fixed one, for correct matching



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# Sequence of Erection

- Foot Tie
- Kicker Lift
- Height:
  - 15 to 20 Cm
  - Nod Point



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# Sequence of Erection

Fix the ledger over earlier fixed to match the correct position



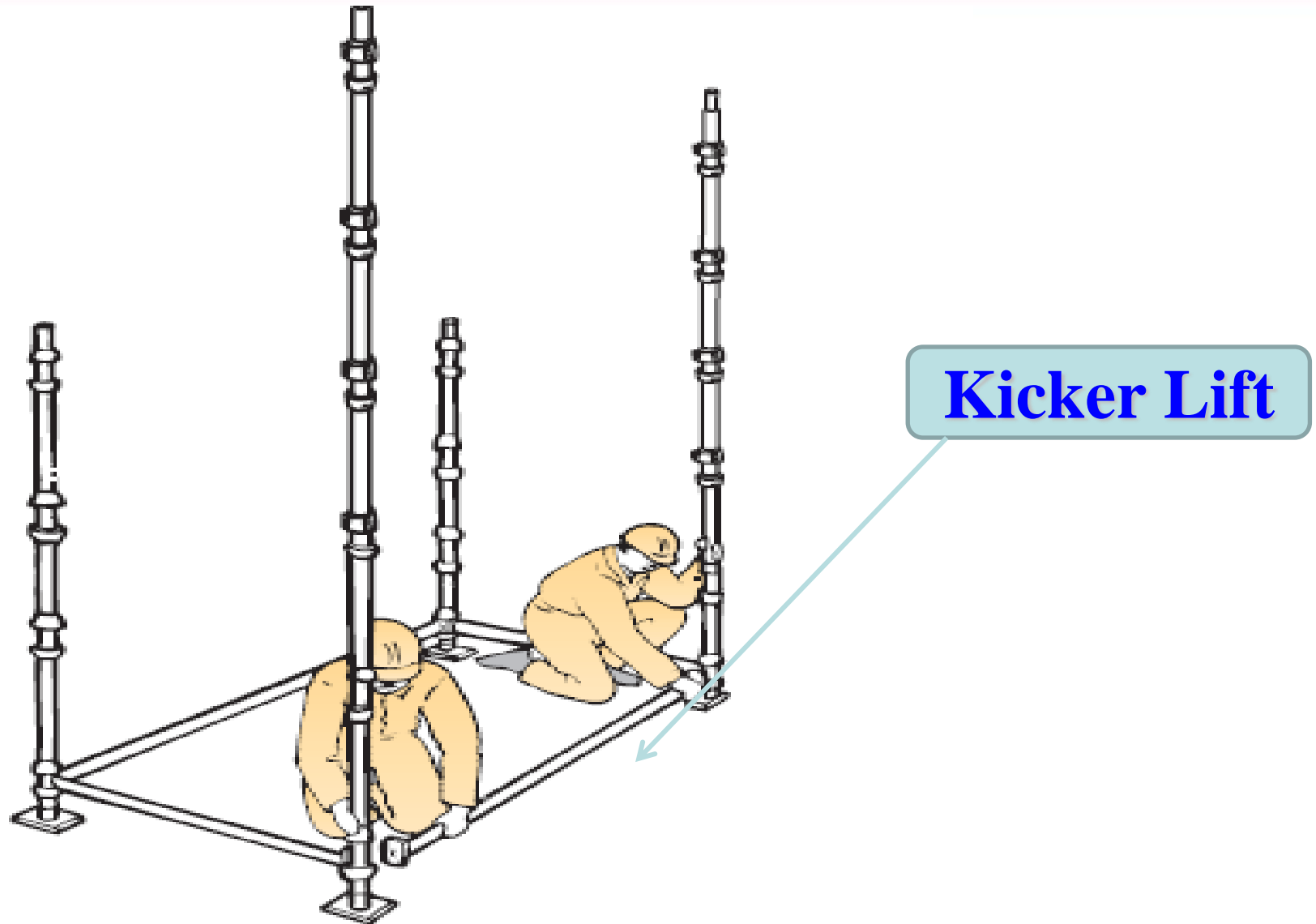
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# Making Square



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# Sequence of Erection



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# Sequence of Erection

**Maintain the foot tie height**



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# Sequence of Erection

- Check the level at foot tie



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# Sequence of Erection

**Check the level at corners (Tube & Cup lock System)**



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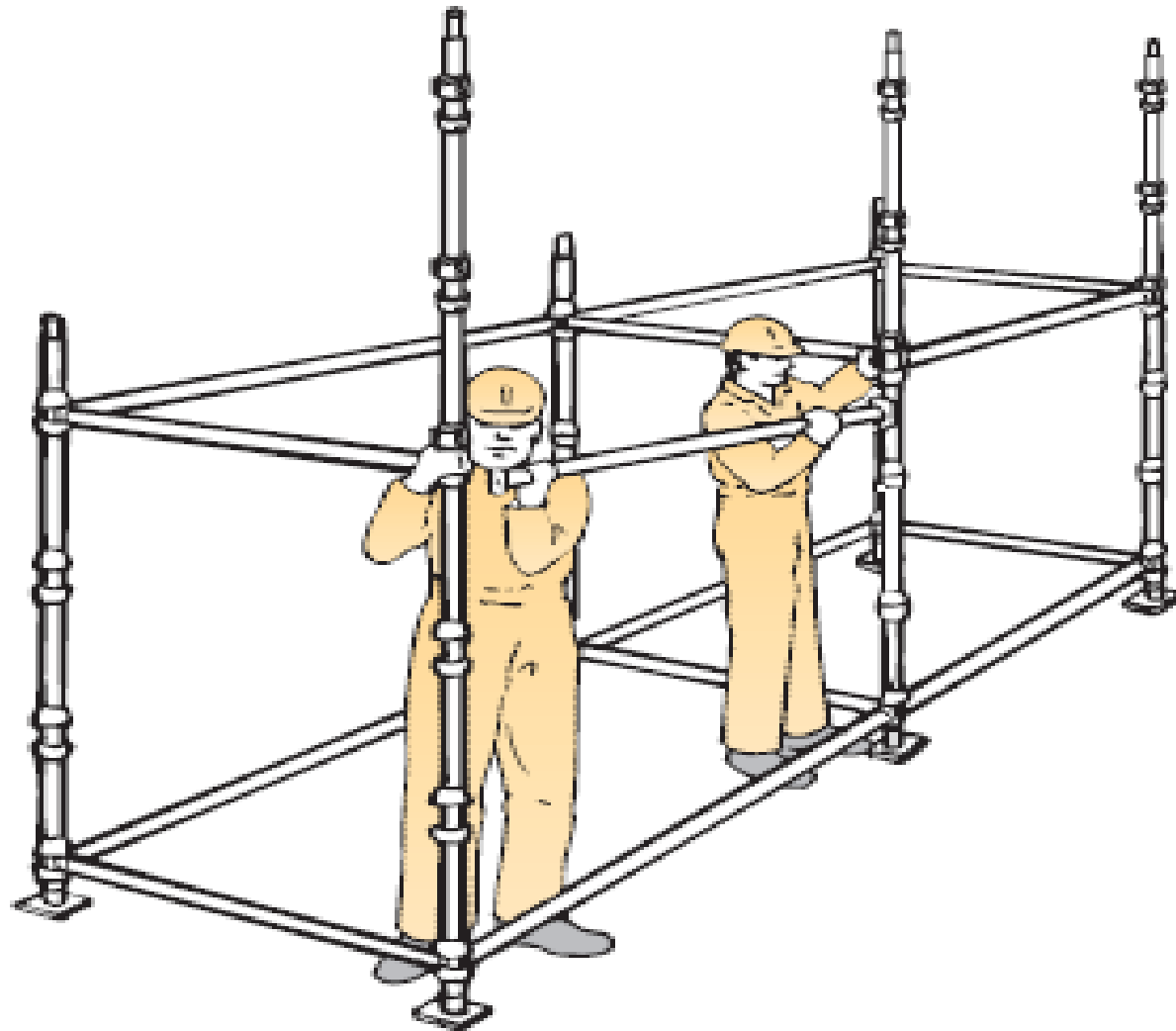
# Sequence of Erection

Check if the standard is straight at 90 Degree angle



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# Sequence of Erection



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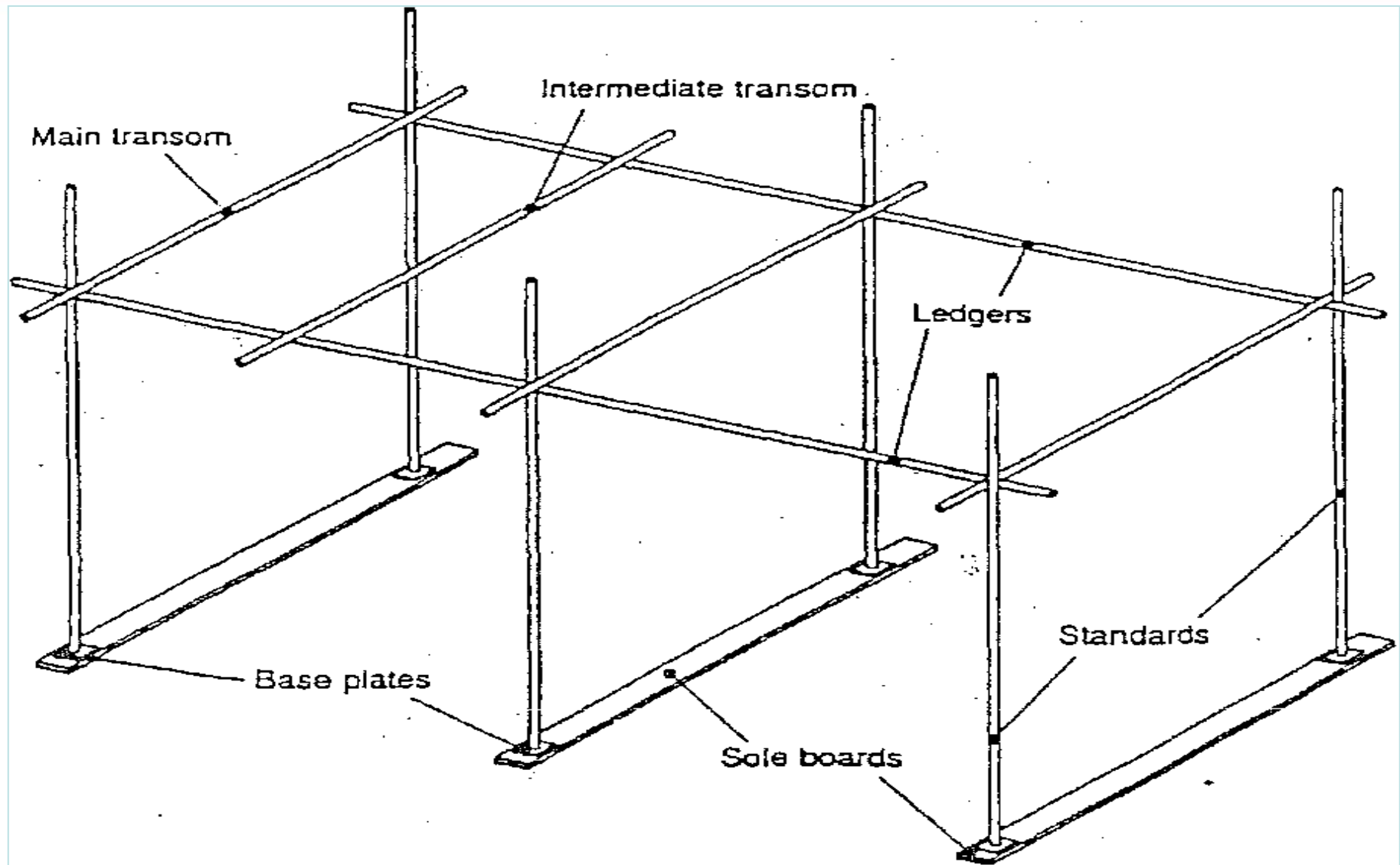
# Sequence of Erection

## Alignment of Standards



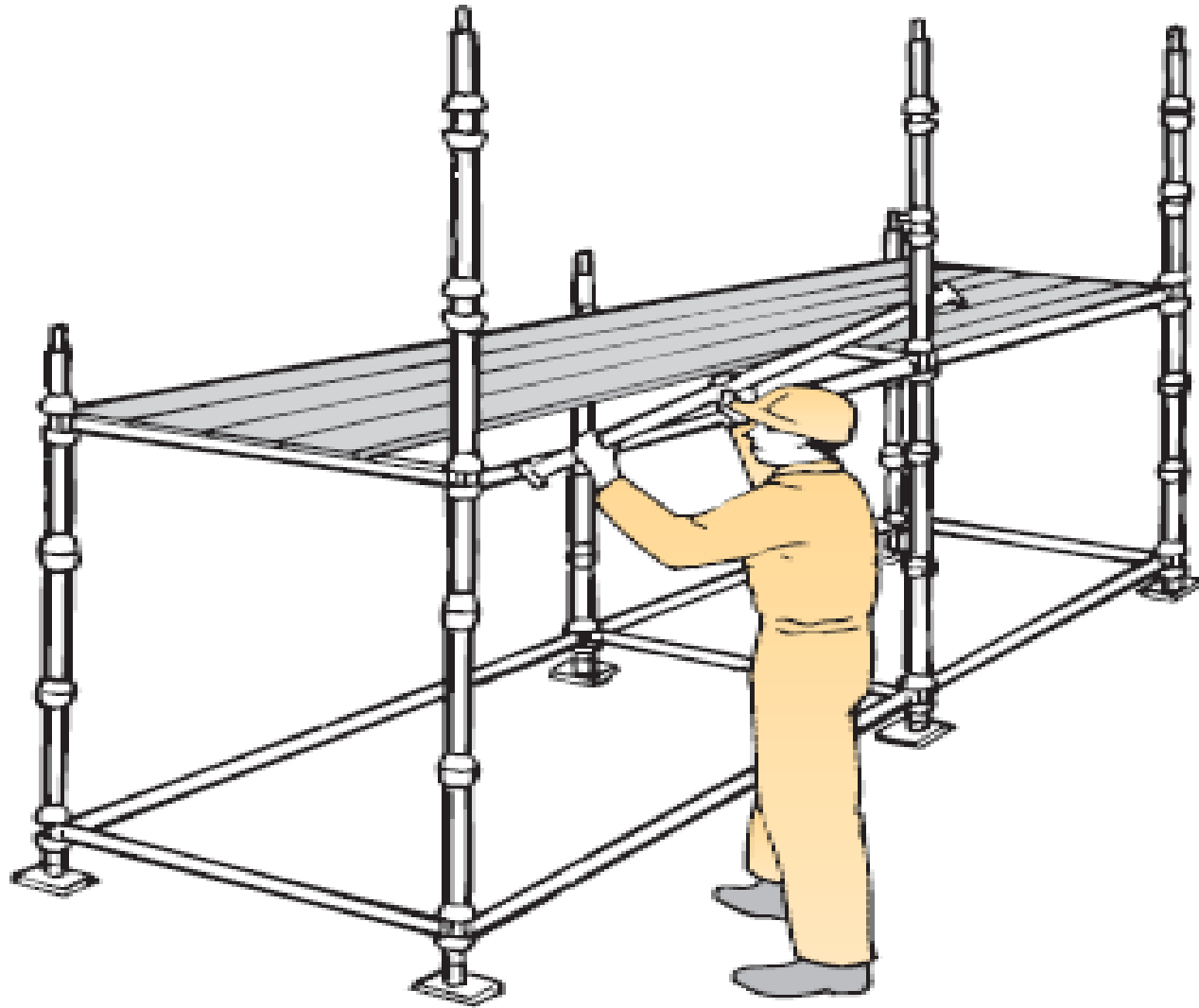
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# Basic Definitions of Scaffold Components



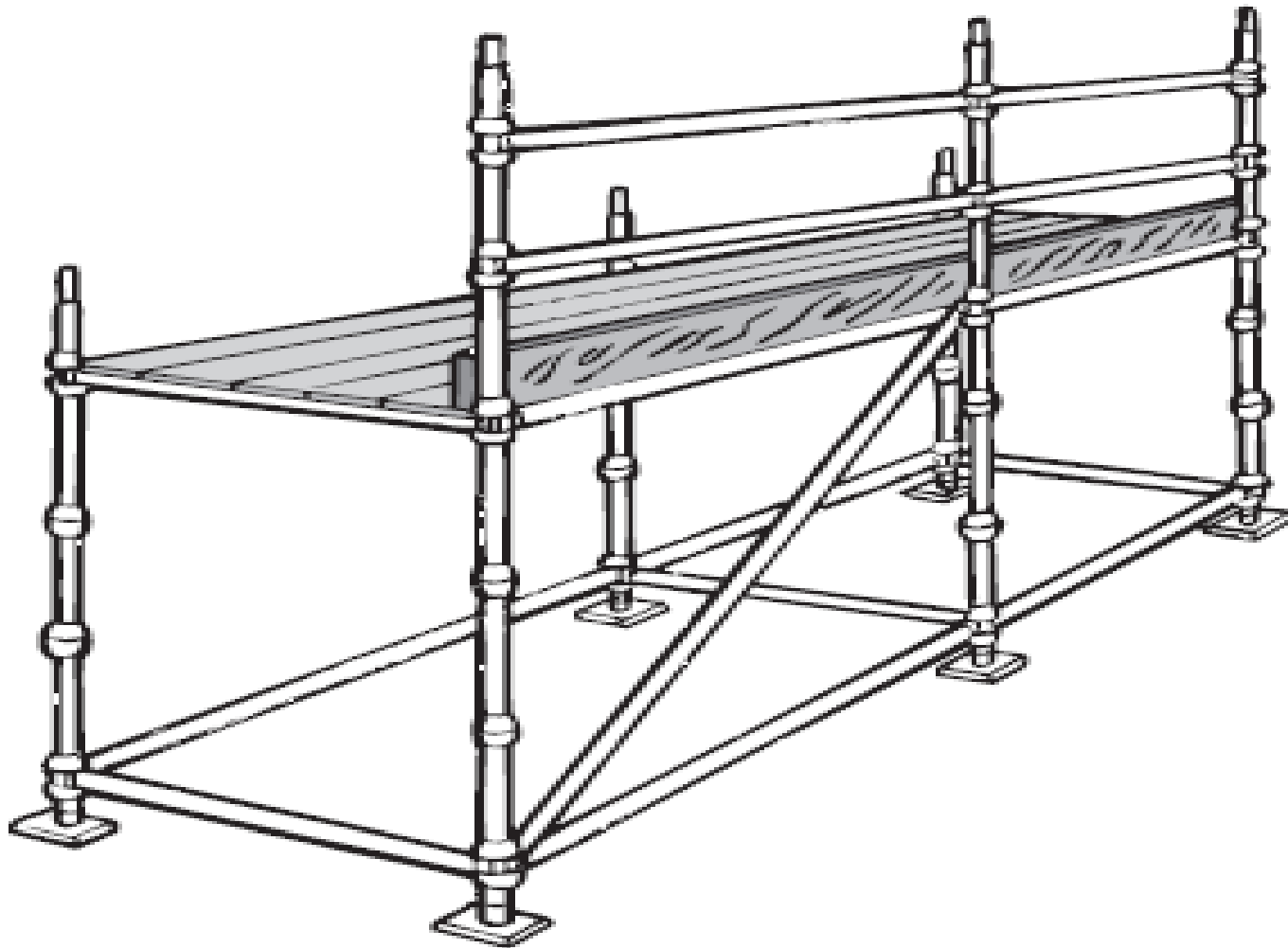
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# Sequence of Erection



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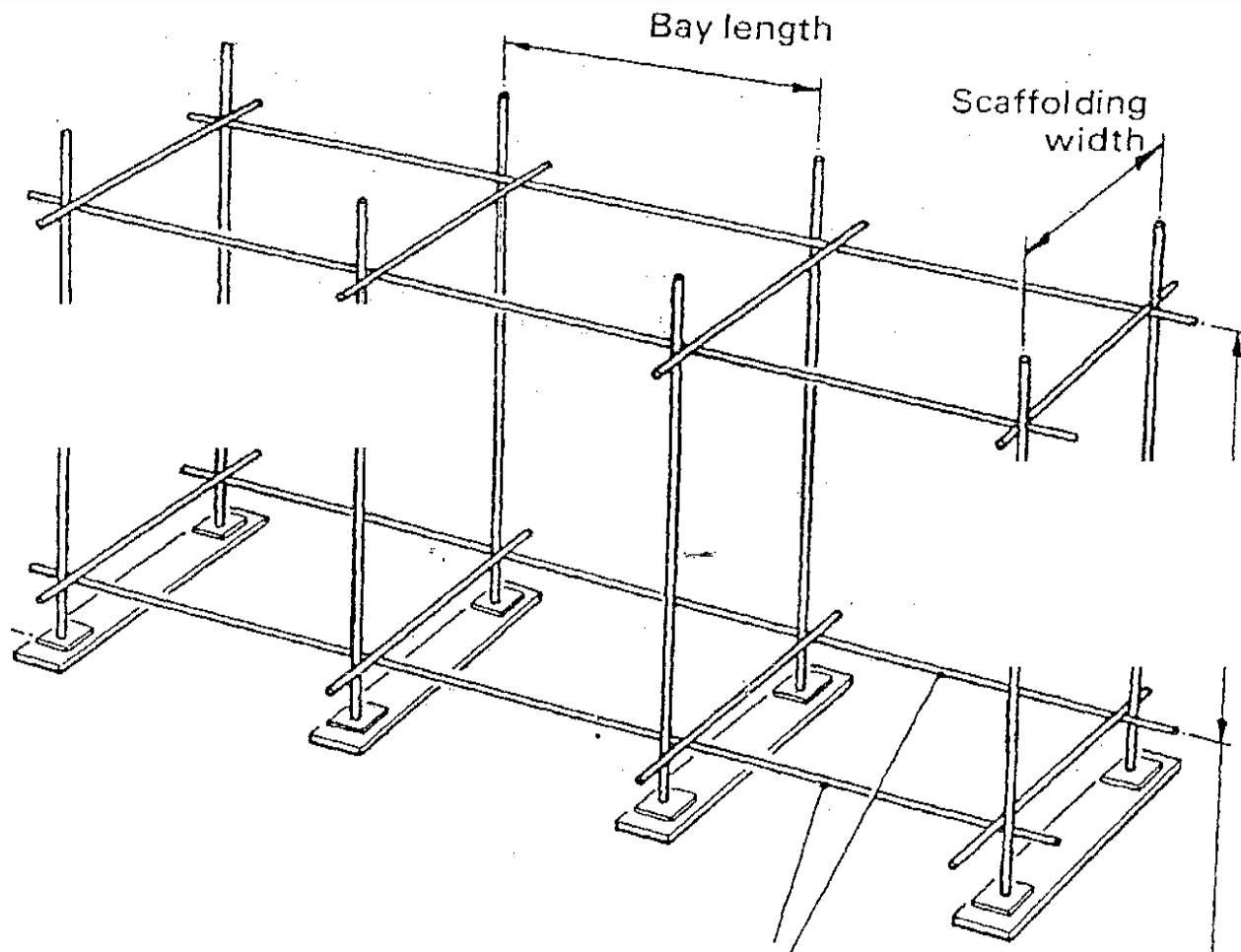
# Sequence of Erection



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# Basic Definitions of Scaffold Component



**Foot tie or  
Kicker lift**

**lift height or  
or ledger spacing**

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Duty	Use of platform	Distributed load on platforms <i>KN / m<sup>2</sup></i>	Maximum Number of platforms	Commonly used widths using 225 m boards	Max. bay length m
Inspection and very light duty	Inspection, painting, stone cleaning, light cleaning, cleaning and access	0.75	1 working platform	3 boards	2.7
Light duty	Plastering, painting, stone cleaning, glazing and pointing	1.50	2 working platforms	4 boards	2.4
General purposes	General building work including brickwork, window and mullion fixing, rendering, plastering	2.00	2 working platforms + 1 at very light duty	5 boards or 4 boards + 1 inside	2.1
Heavy duty	Block work, brickwork, heavy cladding	2.50	2 working platforms + 1 at very light duty	5 boards or 5 boards + 1 inside or 4 boards + 1 inside	2.0
Masonry or special duty	Masonry work, concrete block work, and very heavy cladding	3.00	1 working platforms + 1 at very light. duty	6 to 8 boards	1.8

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Distance between the  
foot tie and first lift  
should be 2M.



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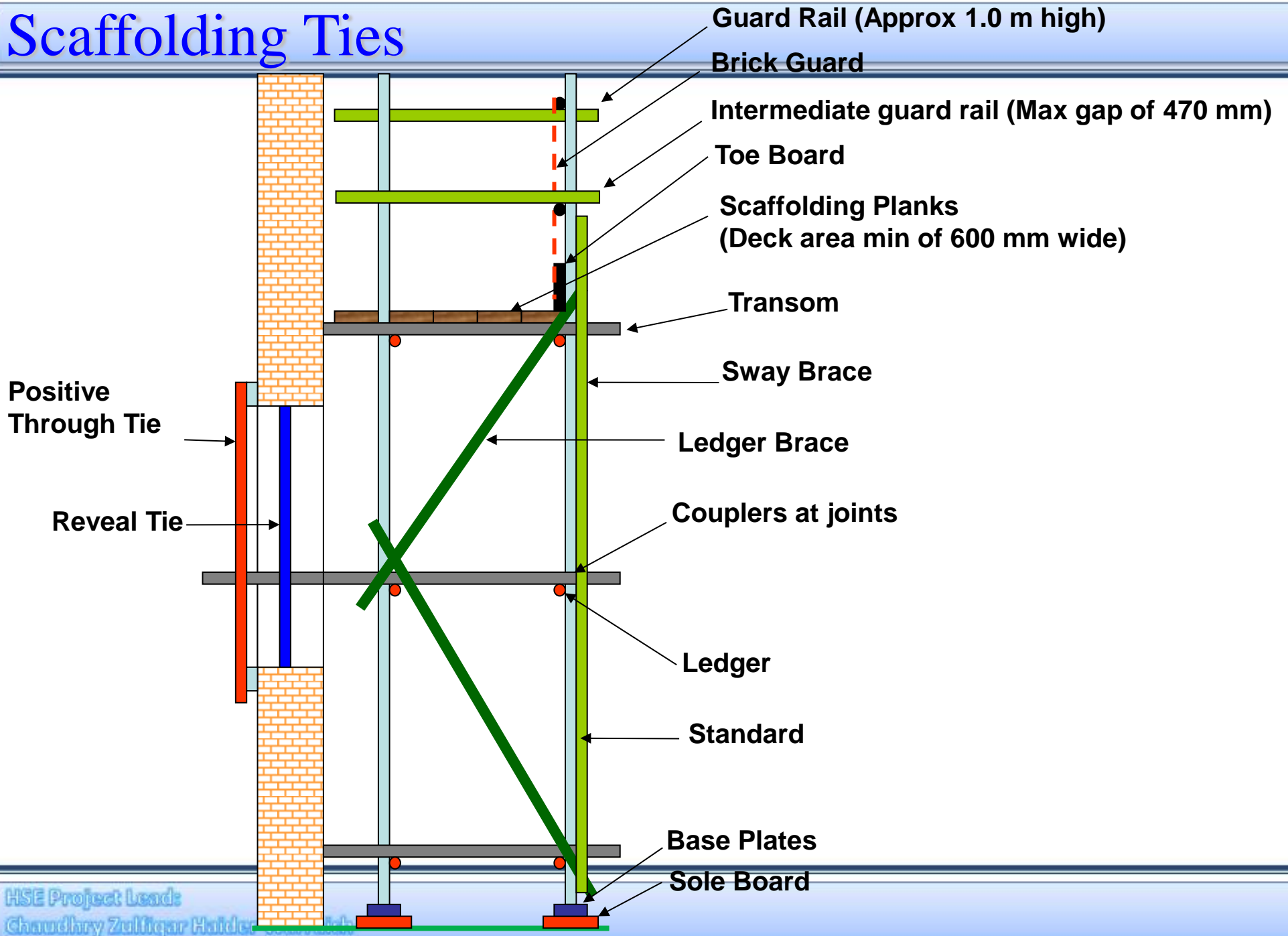
# PREVENTING UNAUTHORIZED ACCESS

- *If the scaffold is incomplete use warning notice.*



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Chaudhry Zulfikar Haider Warrach

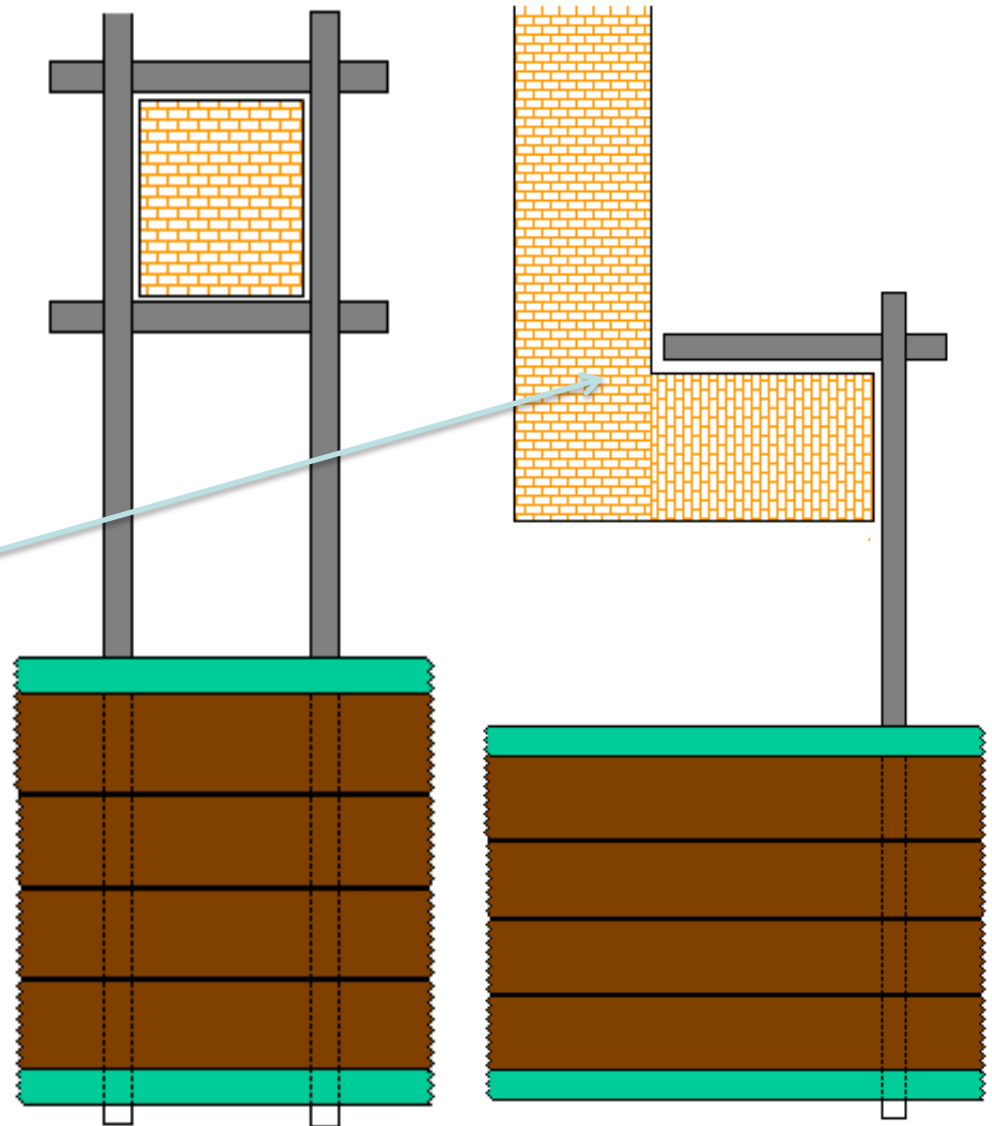
# Scaffolding Ties



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Chaudhry Zulfikar Haider

# Scaffolding Ties Cont.

- Box Tie:
  - Around a pillar/column etc.
  - Strength is 125kg, inwards and outwards
- Lip Tie:
  - Around a Lip
  - Strength is 62.5kg, inwards and outwards

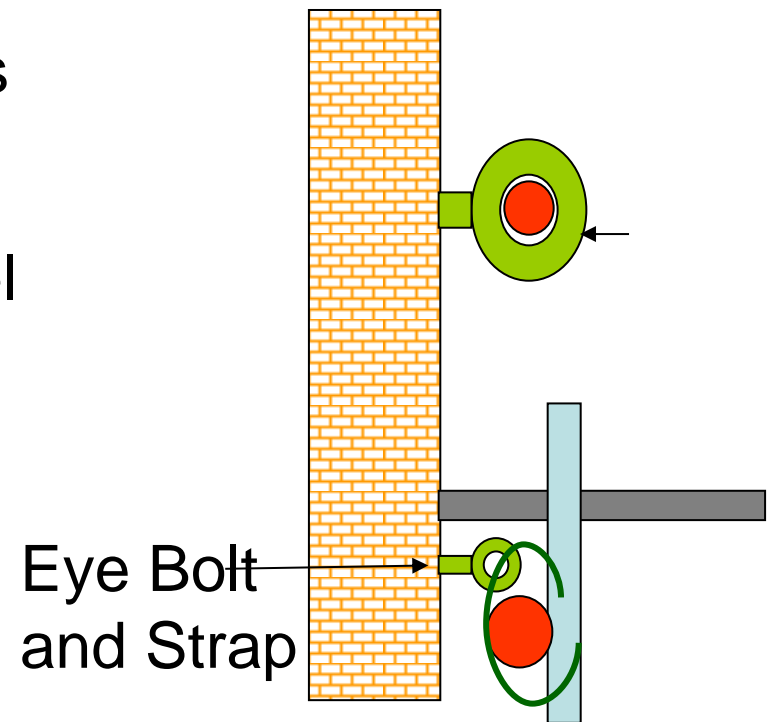


HSE Project Lead:  
Chaudhry Zulfikar Haider Warraich

## Scaffolding Ties Cont.

- Proprietary **Tie Bolt**, or Ring/ Hilti Tie
- May be of **two sizes**:
- Rings between **50-55mm internal diameter**, through which scaffold tubes are passed
- **Smaller rings**, for use with wire or steel banding ties

Large Eye Bolt





# Scaffolding Bracing

- Sway Brace:
  - A diagonal tube
  - Tied-off on the vertical or horizontal members
  - From left to right and right to left and so on
  - Fit a guard rail on the bottom lift's



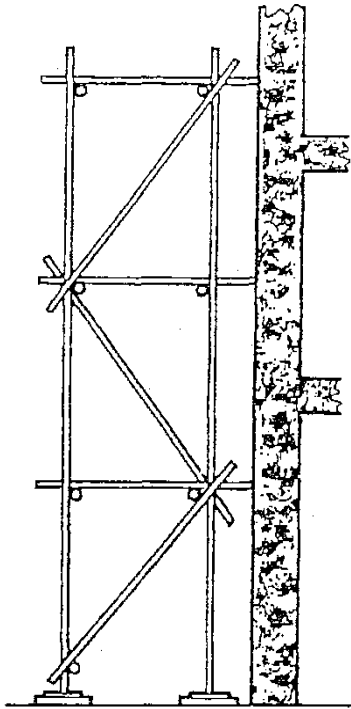
# Risk Assessment

## Hazards Identification

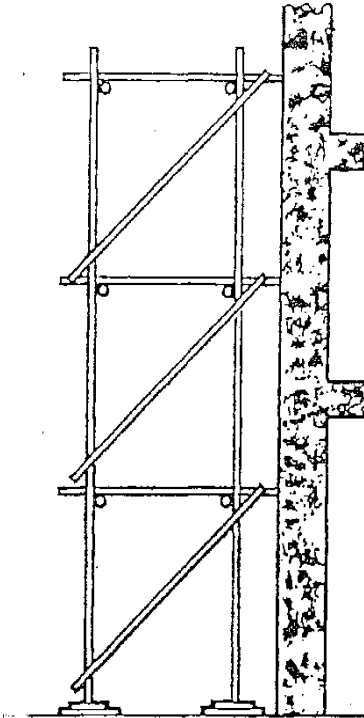
- Structure Collapse
- Personal Falls
- Object Falling / Material Falling
- Electrocution
- Struck by
- Fire Broke out (Cutting Welding / Planks with Grease, Oil etc)

**Work Safe!**  
**Home Safe!**

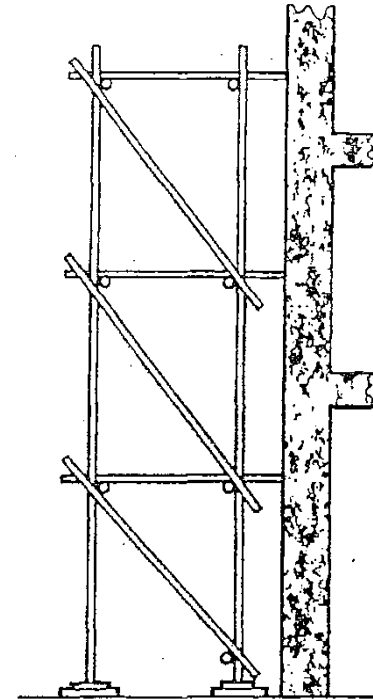
# Scaffolding Bracing Systems



Dog leg or zig-Zag bracing



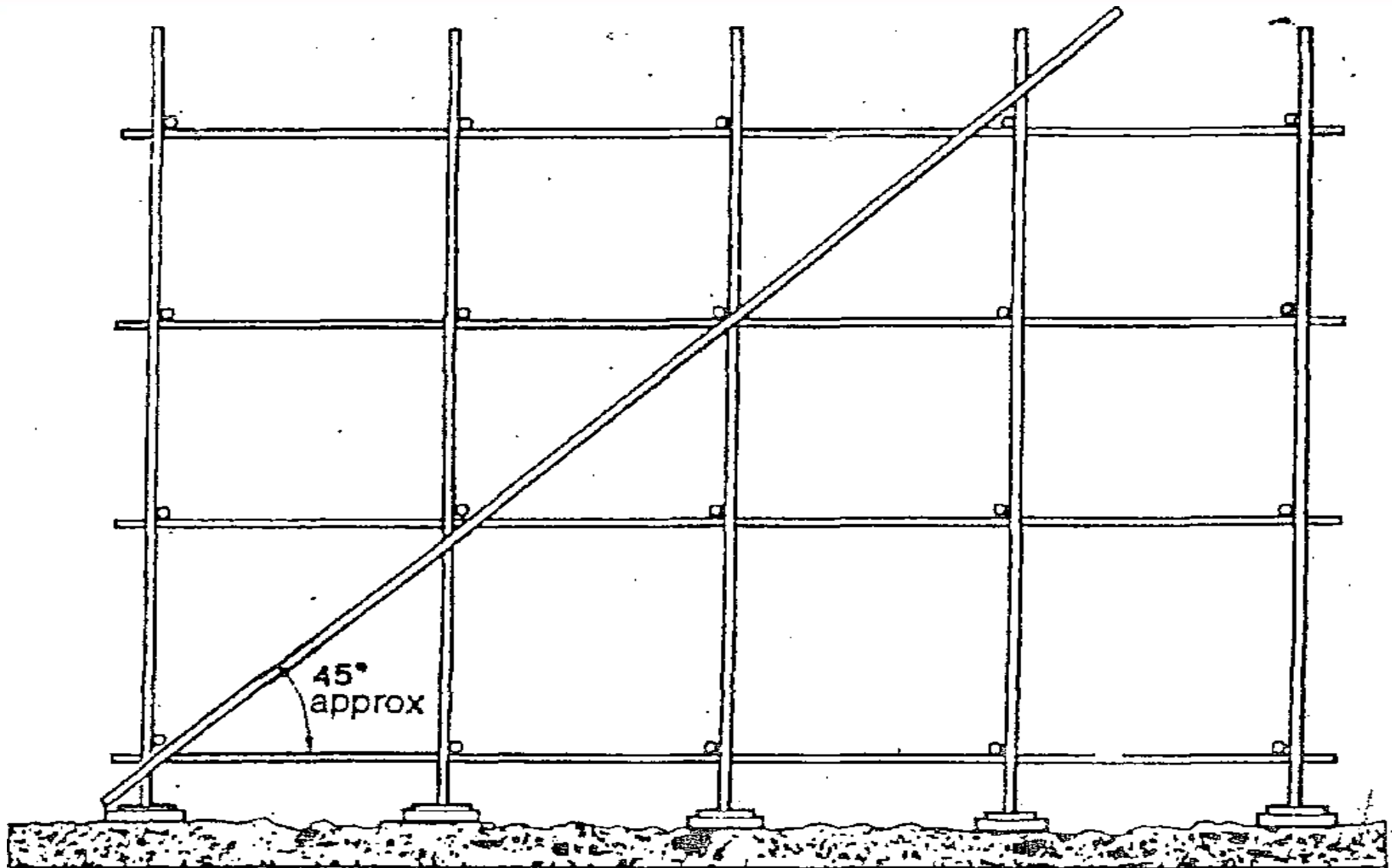
Cross braces fixed with swivel couplers to the standards



Alternative Method

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Chaudhry Zulfikar Haider Warrach

# Scaffolding Bracing Systems



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Chaudhry Zulfiqar Haider Warrach

**Sway Brace / Facade Brace**

# Knee Brace / Section Brace / Spur

1. Knee Brace
2. Section Brace
3. Spur



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Chaudhry Zulfiqar Haider Warrach

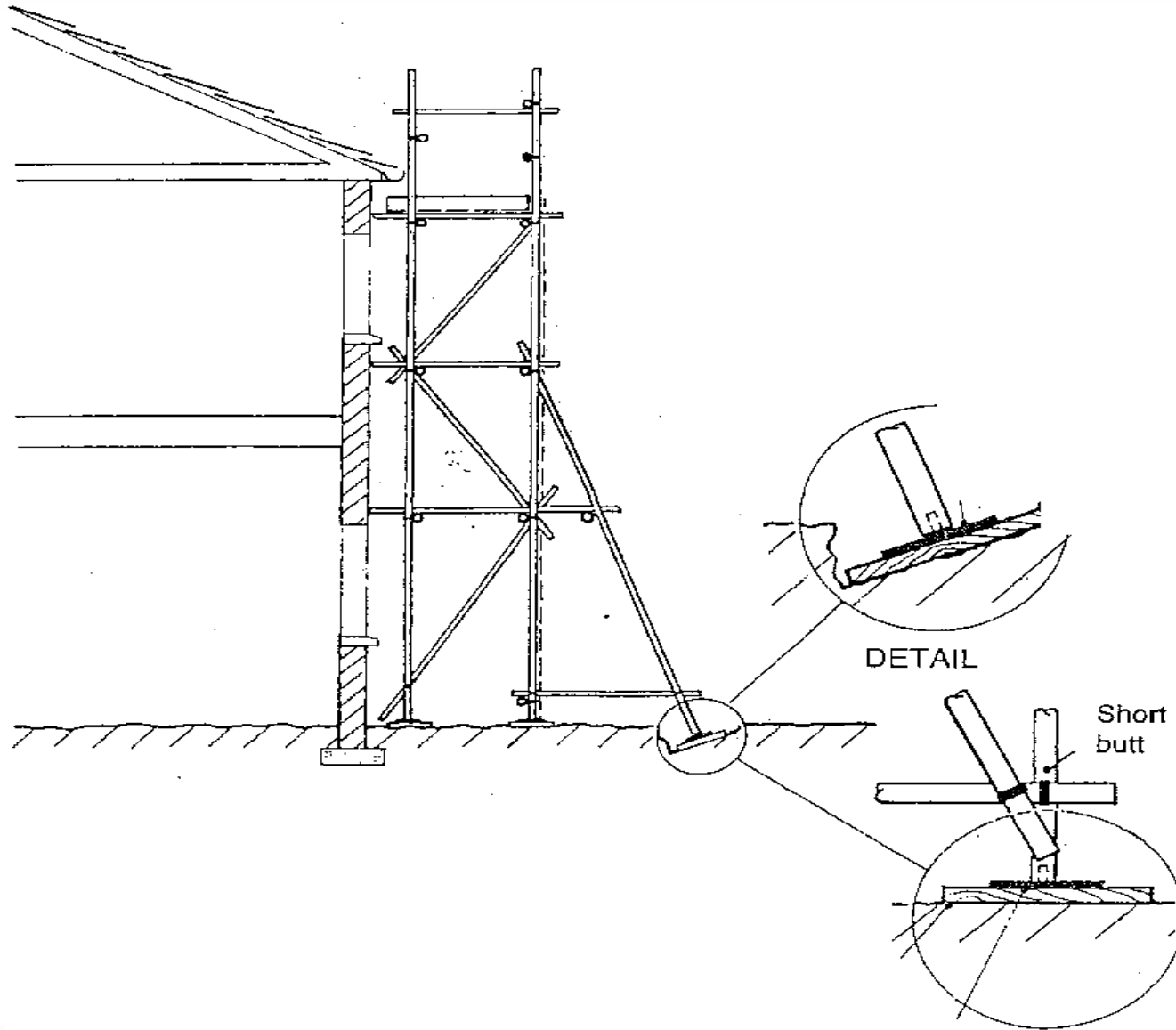
# Scaffolding Bracing Systems

Plane Brace



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Chaudhry Zulfiqar Haider Warrach

# Raker System



HSE Project Lead:  
Chaudhry Zulfikar Haider Warrach

# Proper Installation of Raker



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Chaudhry Zulfiqar Haider Warrach

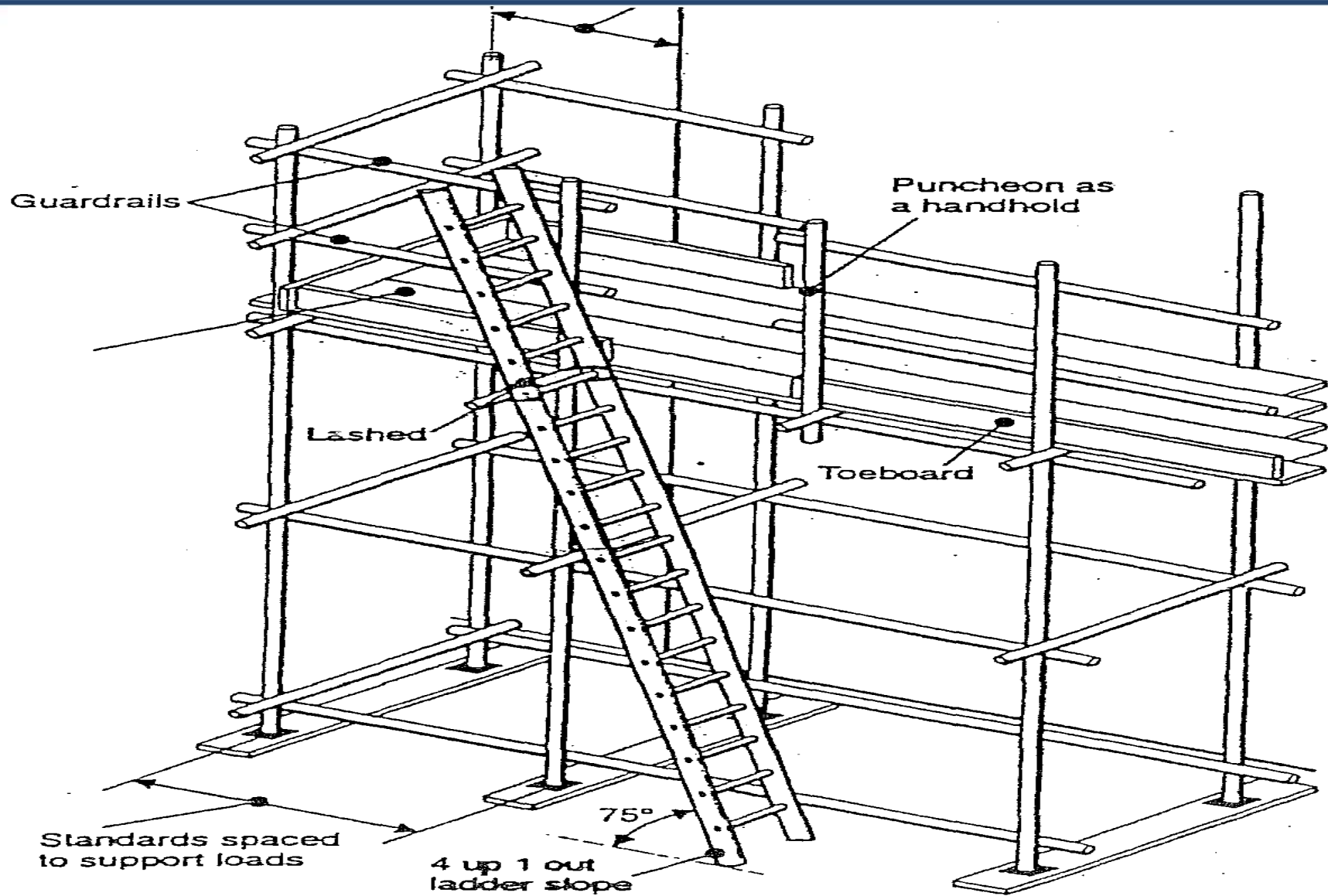


# Installation of Raker



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Chaudhry Zulfiqar Haider Warrach

# WORKING PLATFORM



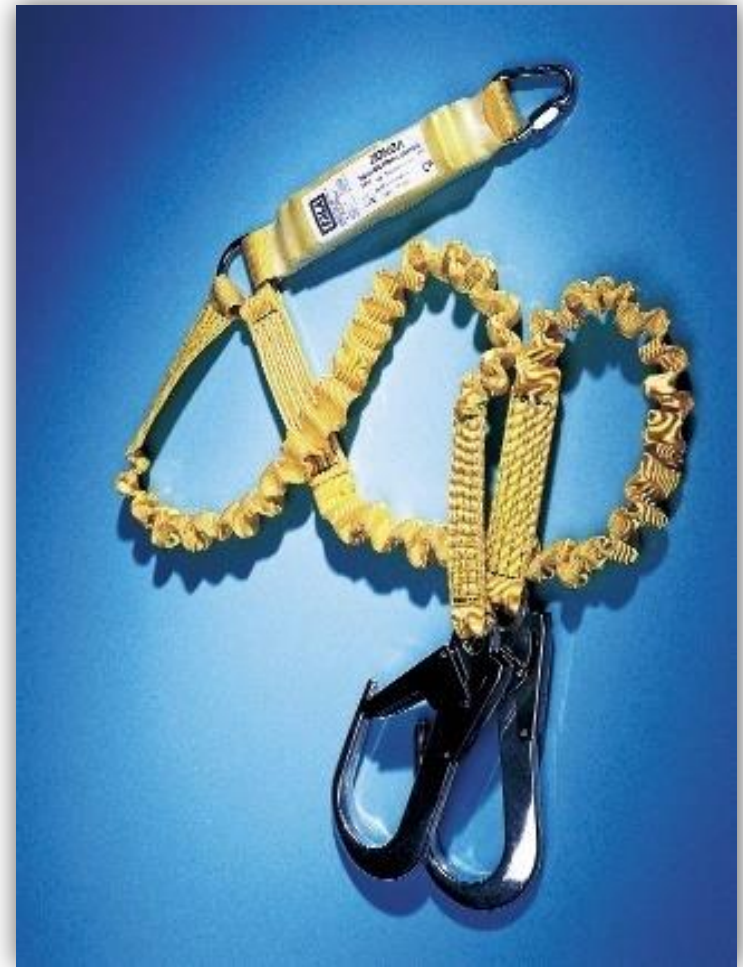
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Chaudhry Zulfikar Haider Warrach

<b>Duty</b>	<b>Use of platform</b>	<b>Distributed load on platforms <i>KN / m<sup>2</sup></i></b>	<b>Maximum Number of platforms</b>	<b>Commonly used widths using 225 m boards</b>	<b>Max. bay length m</b>
<b>Inspection and very light duty</b>	<b>Inspection, painting, stone cleaning, light cleaning, cleaning and access</b>	<b>0.75</b>	<b>1 working platform</b>	<b>3 boards</b>	<b>2.7</b>
<b>Light duty</b>	<b>Plastering, painting, stone cleaning, glazing and pointing</b>	<b>1.50</b>	<b>2 working platforms</b>	<b>4 boards</b>	<b>2.4</b>
<b>General purposes</b>	<b>General building work including brickwork, window and mullion fixing, rendering, plastering</b>	<b>2.00</b>	<b>2 working platforms + 1 at very light duty</b>	<b>5 boards or 4 boards + 1 inside</b>	<b>2.1</b>
<b>Heavy duty</b>	<b>Block work, brickwork, heavy cladding</b>	<b>2.50</b>	<b>2 working platforms + 1 at very light duty</b>	<b>5 boards or 5 boards + 1 inside or 4 boards + 1 inside</b>	<b>2.0</b>
<b>Masonry or special duty</b>	<b>Masonry work, concrete block work, and very heavy cladding</b>	<b>3.00</b>	<b>1 working platforms + 1 at very light. duty</b>	<b>6 to 8 boards</b>	<b>1.8</b>

**HSE Project Lead:**  
**Chaudhry Zulfikar Haider Warraich**

## HSE Warning

Twin-tailed energy absorbing lanyards specifically comprise **two lanyards** that are attached to a **single energy absorber** in such a way that either lanyard can transmit a load to the energy absorber.



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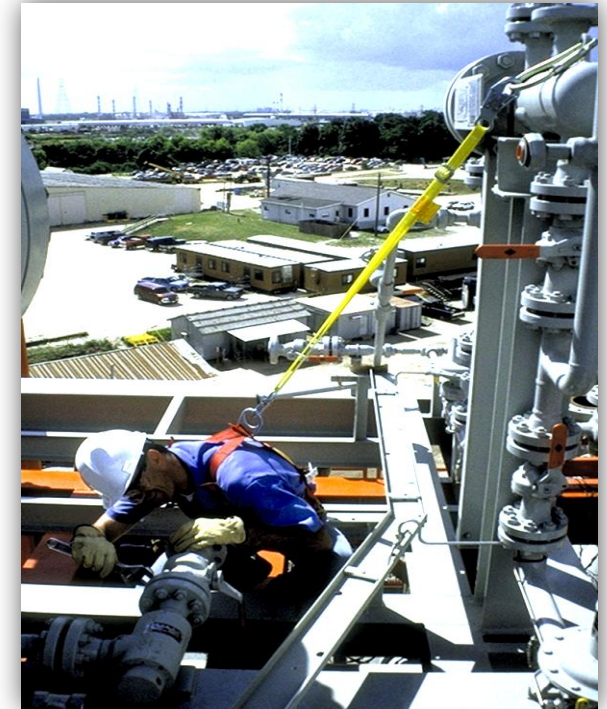
# Cantilever loading bays



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Chaudhry Zulfikar Haider Warraich

# Solution Special PFAS System

- Full body harness with extended lanyard or Fall Arrestor.



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# Protection Of Workers

## Fall arrestor



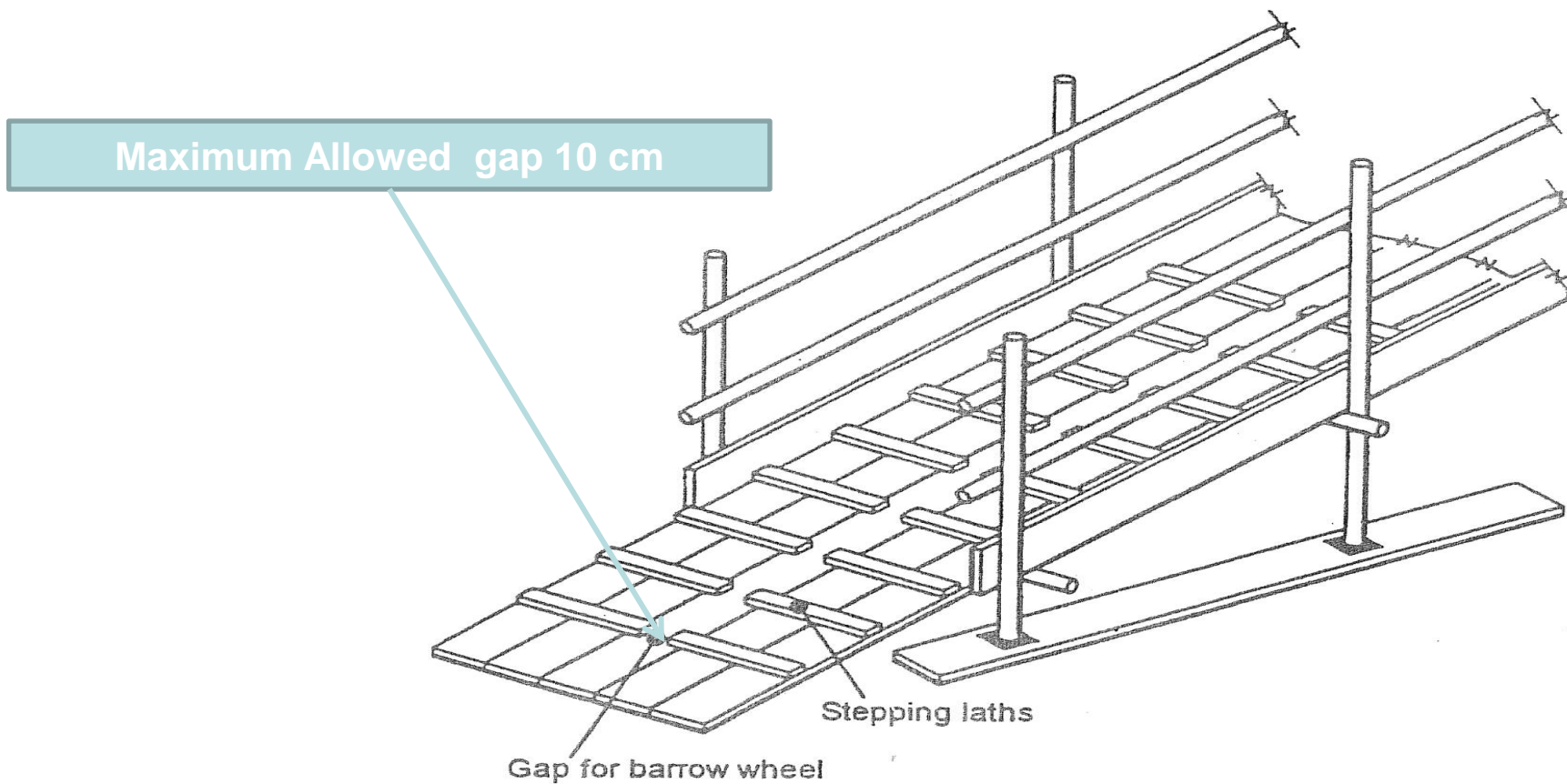
HSE Project Lead:  
Chaudhry Zulfiqar Haider Warraich

## INSTALLATION OF LADDERS

- There are three ways to install the ladder in scaffolding;
- **Right Angle**
- **Side Wise / Along side**
- **Inside the Scaffold**

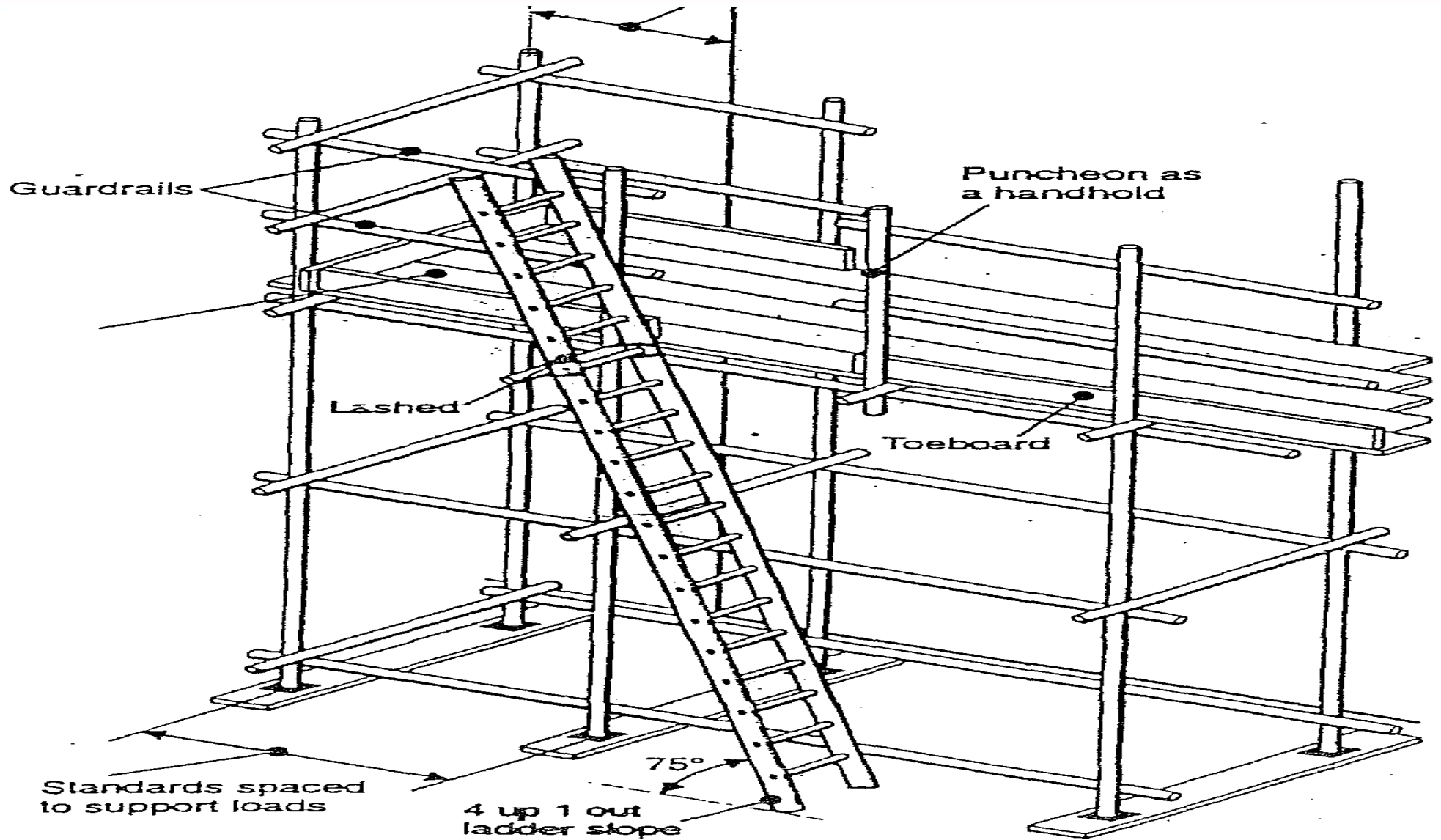


- Gangways and working platform should be horizontal ideally but may go up to 20 Degree without cleats and more steeper should be cleats and guard rails to be installed.



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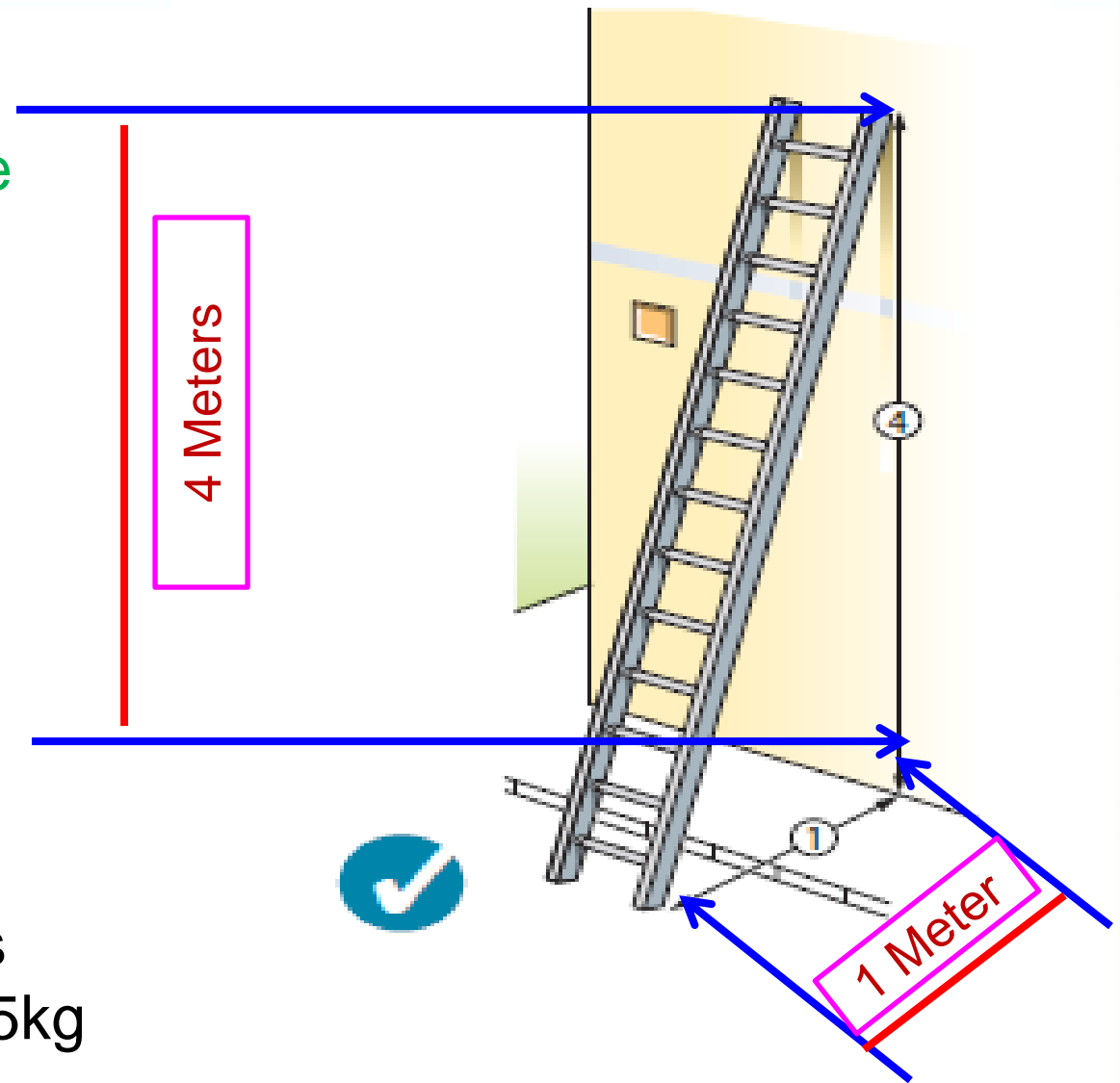
# WORKING PLATFORM



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Chaudhry Zulfikar Haider Warrach

# Installation of Ladder

- ❖ Angle Should be 75 Degree
- ❖ Ratio 1:4



**BS 2037: 1994**

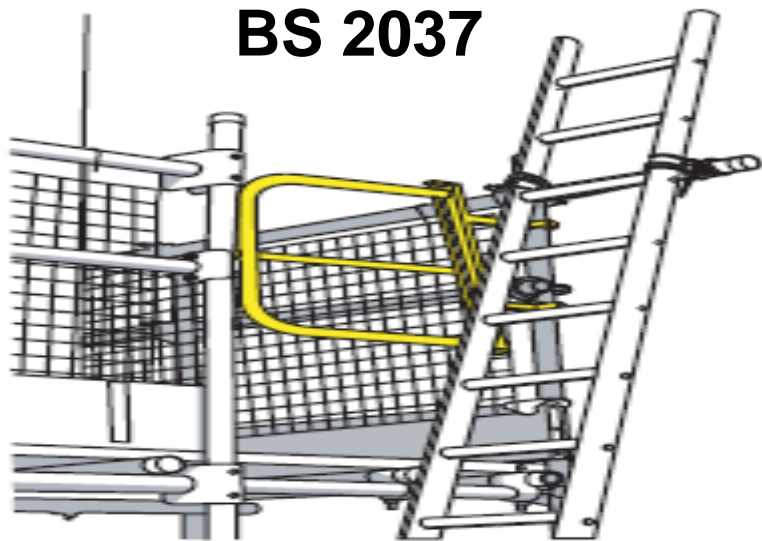
Portable Aluminum Ladders

Max safe working load - 175kg

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- ❖ Installation of top rail in ladder for access.
- ❖ Readymade Gate can be used if available

**BS 2037**

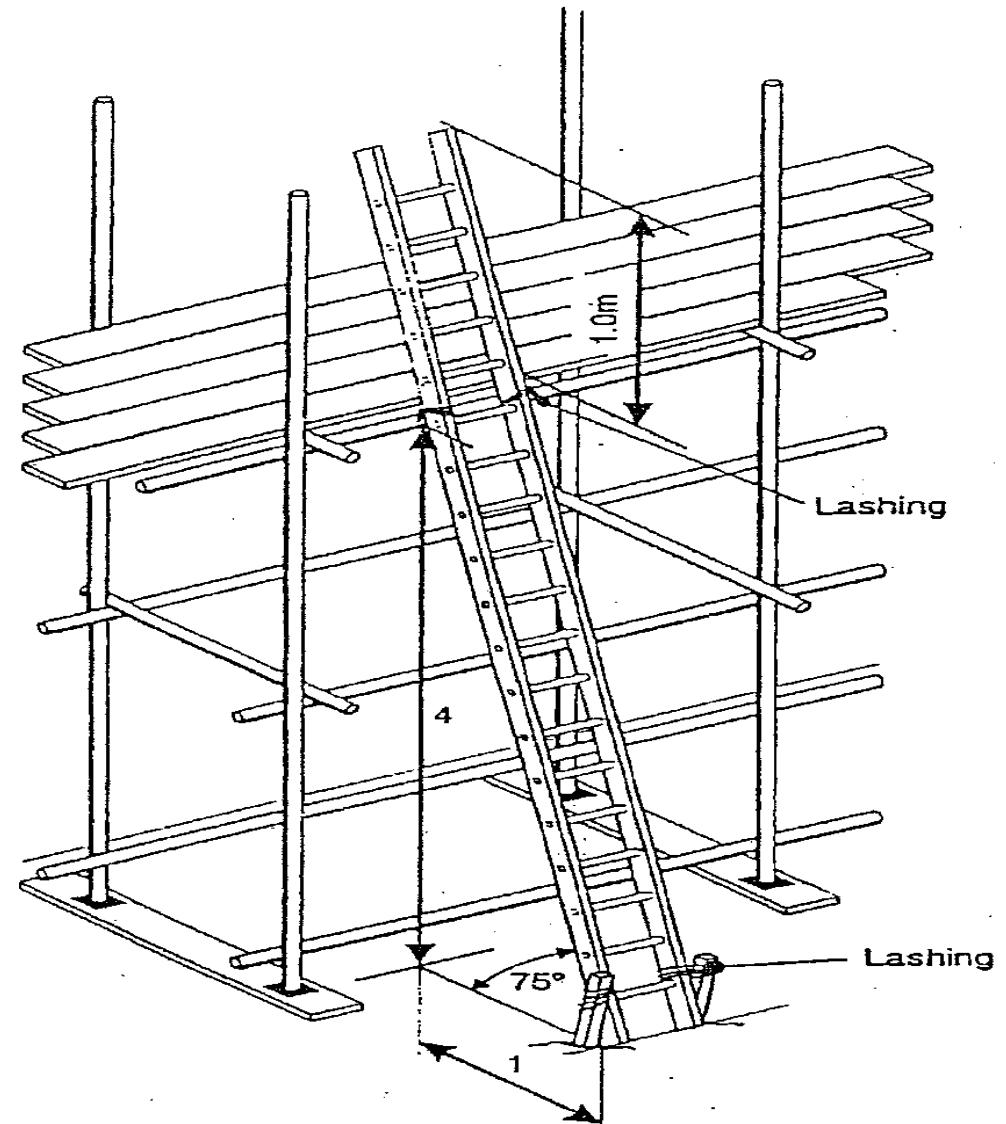


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# LADDER SAFETY

## LADDERS

- Always put against width side and inside if possible.
- Angle 75 degree.
- Ladders must be lashed @ 2 points at least.
- Projection of ladder should be 1Meter.
- If more ladders are required in the same scaffold put in the opposite transoms.



# LADDER SAFETY

**Gap between  
planks for ladder  
3 planks to remove**



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# LADDER SAFETY



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Maintain Suitable Distance / Angle

# LADDER SAFETY

Base of the ladder should be strong, rigid and level also to stop the ladder from slipping there should be stopper to install.



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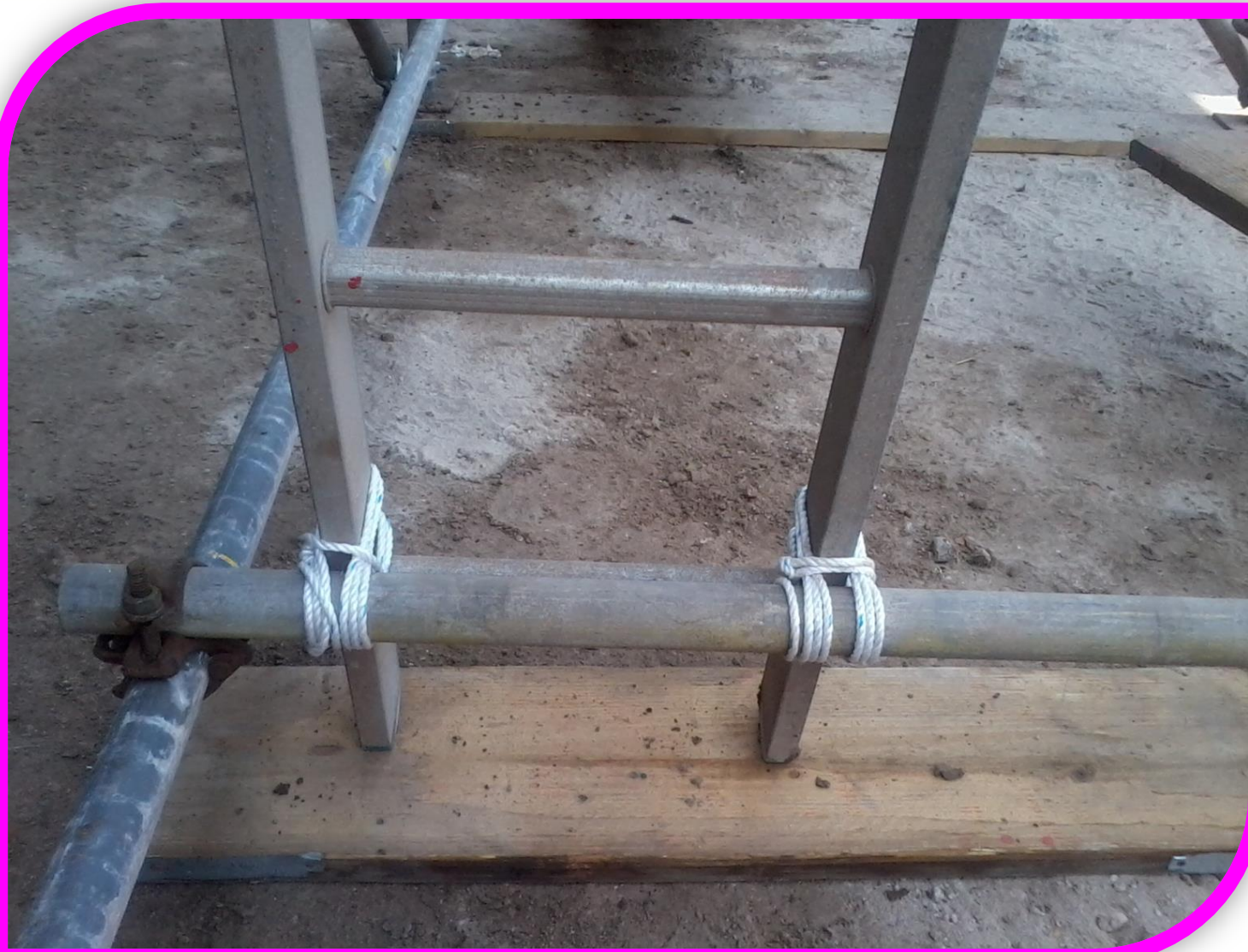
# Ladder Clamp

Used to connect ladder to the support tube in scaffolding



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# Securing Ladder



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# LADDER SAFETY

Secure the ladder from proper place without making obstruction



**Wrongly secured,  
Tie should be fixed at rung  
level**

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## Ladder to be installed opposite direction in a Multiplatform scaffold



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# Handrail in Ladder



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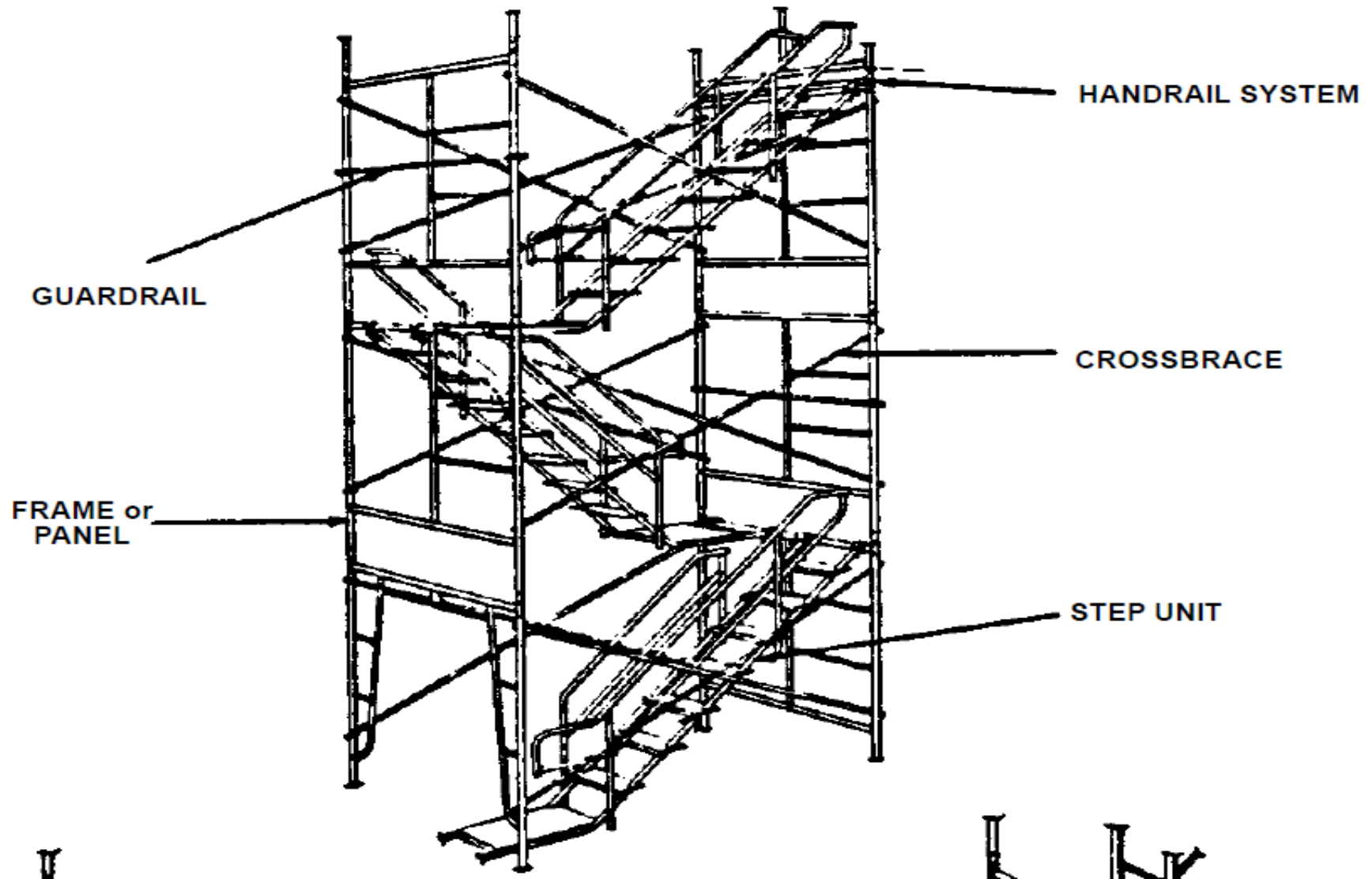
# LADDER SAFETY

Bracing in support tube



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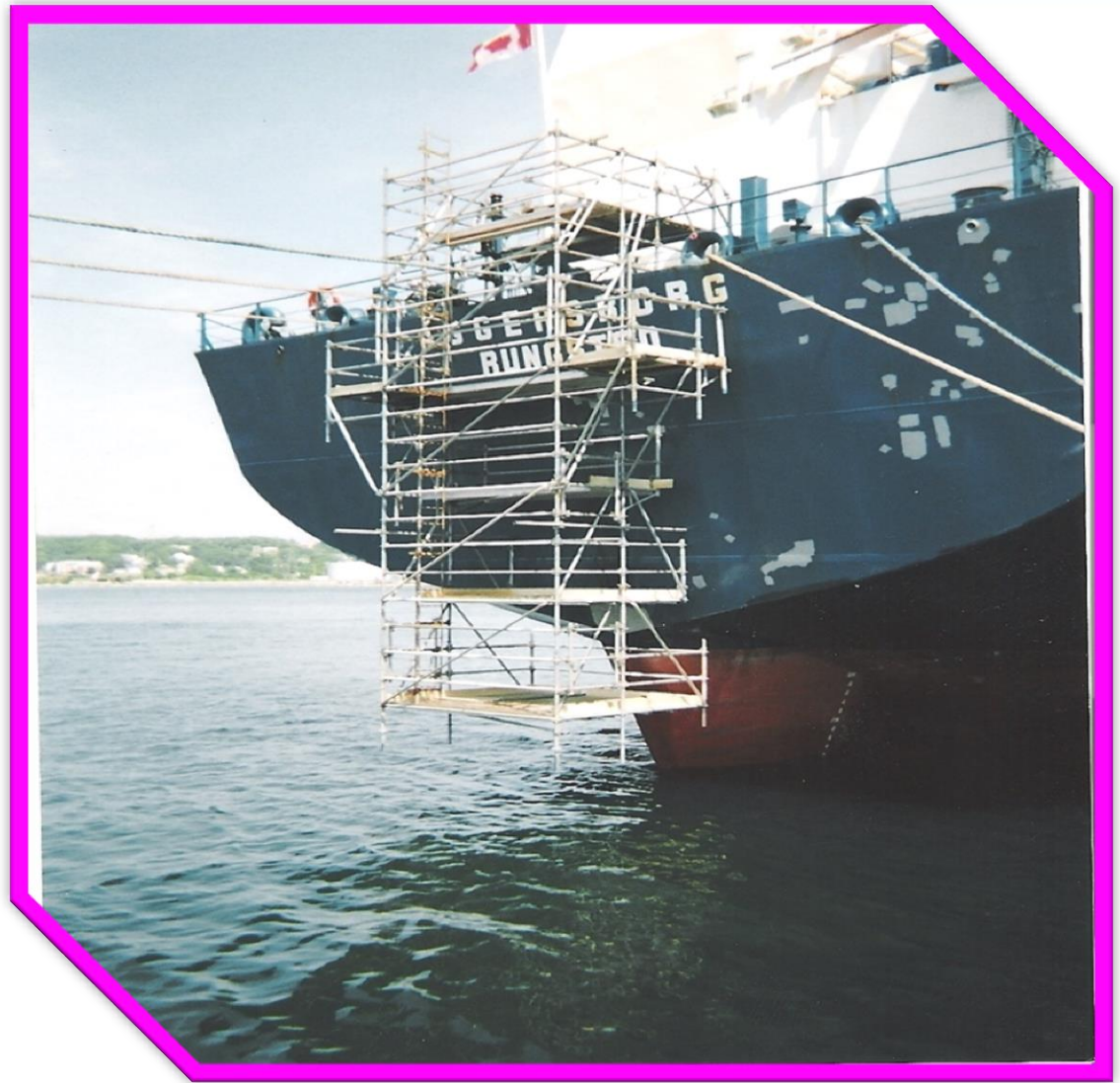
# Fabricated Frame Scaffold



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Chaudhry Zulfikar Haider Warrach

# Suspended Scaffold Cont.

- **Buts** should be fixed to supplement with the load bearing couplers
- Vertical tubes should be in **one length**
- Where not possible, then **overlapped** at least 62cm vertically.
- Using at least **two** load bearing couplers



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Chaudhry Zulfikar Haider Warrach



# Pre-fabricated Beams

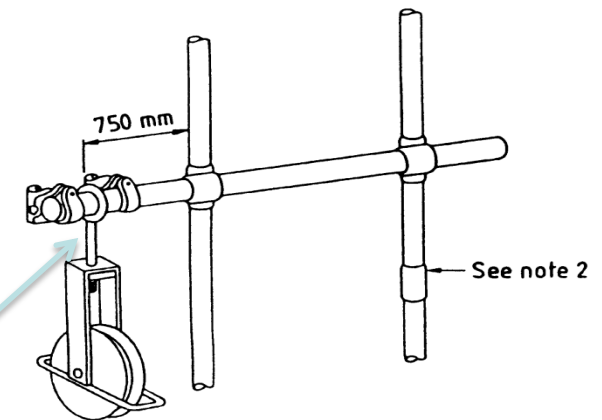
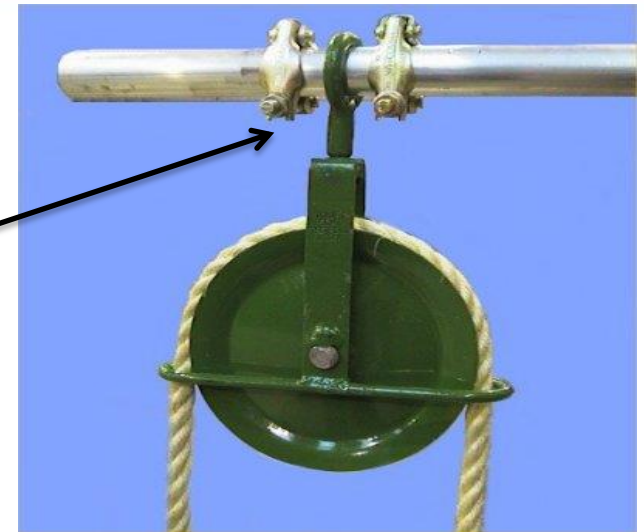
- Various types are available, to **simplify the construction** of beams and trusses, in scaffolding
- Beams can be **welded lattice structures**, or **assembled** on site
- **Manufacturers** recommendations must be strictly observed
- When **splices** are used to **join units**,
- The **bolts are used**, the following should be specified by the manufacturer of the beam:
  - **Size**
  - **Type**, and
  - **Grade of steel**



# Gin Wheel

- **Two types:**
  - **Ring type, and**
  - **Hook type**
- **Maximum of 750mm diameter**
- **Rope 18mm diameter, with**
  - **Figure of 8 knot tied to end of rope, or above the load**
  - **Maximum load of 50kg**
  - **Load tested frequently.**

Ring Type



(a)

Ring type

Ring Type

# What Are Your New Observations ?



HSE Project Lead:  
Chaudhry Zulfikar Haider Warrach



HSE Project Lead:  
Chaudhry Zulfikar Haider Warrach